




Activities

Monday 19th Oct
Backyard
Bingo



Tuesday 20th Oct
Mindful
colouring
in



Wednesday 21st Oct
Dot-to-
dots



Thursday 22nd Oct
Colour
by
numbers



Friday 23rd Oct
Hidden
pictures



Saturday 24th Oct
10 Terrific tag
games



Sunday 25th Oct
Yoga
for
pirates



Don't
worry, be
happy

**Remember we are just a call/message
away if you need anything.
0428 736 961**

The Family Haven Mooroopna acknowledges and pays respect to the Yorta Yorta Nation, as the original ongoing custodians of the land we meet on.

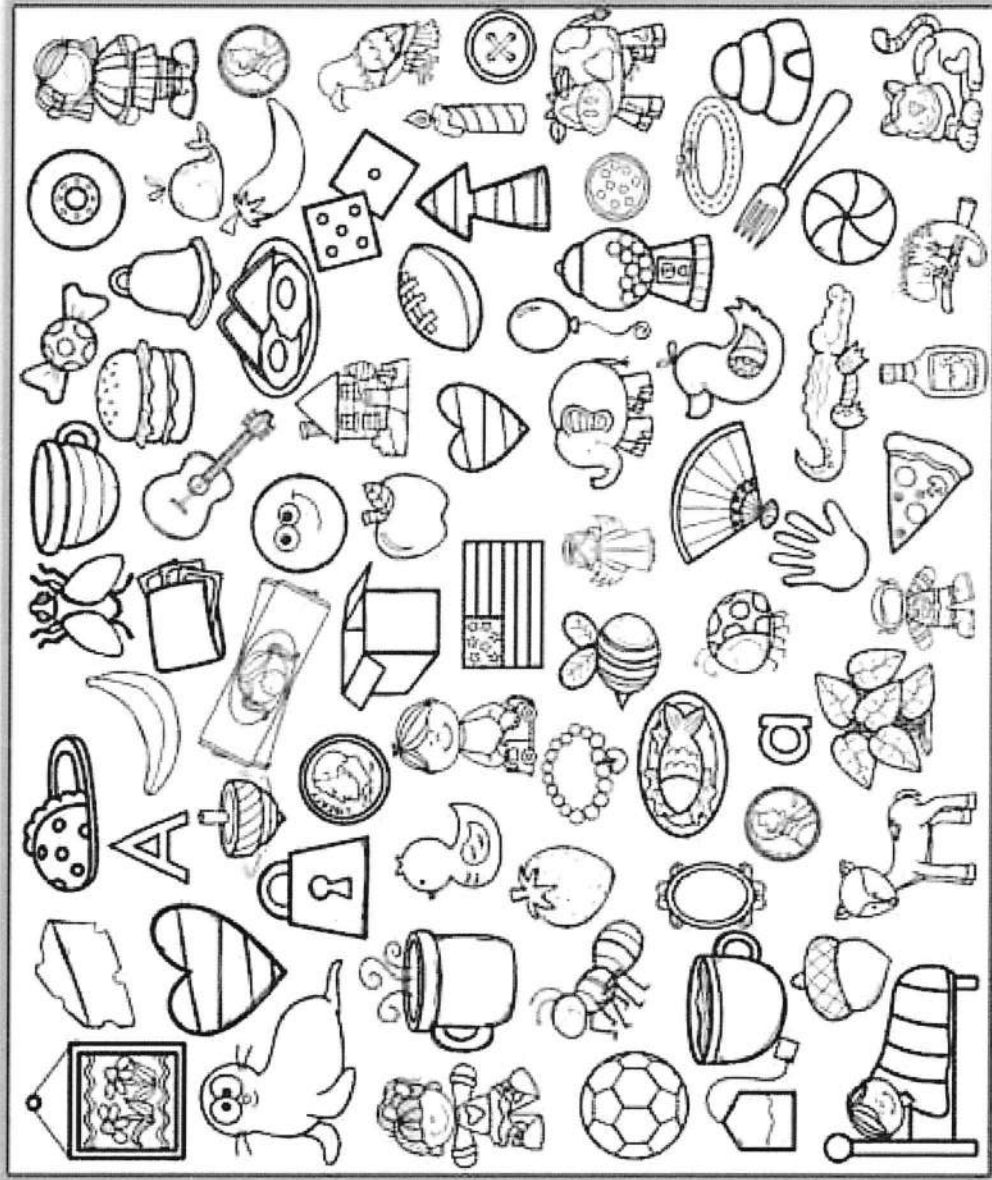




Look & Find

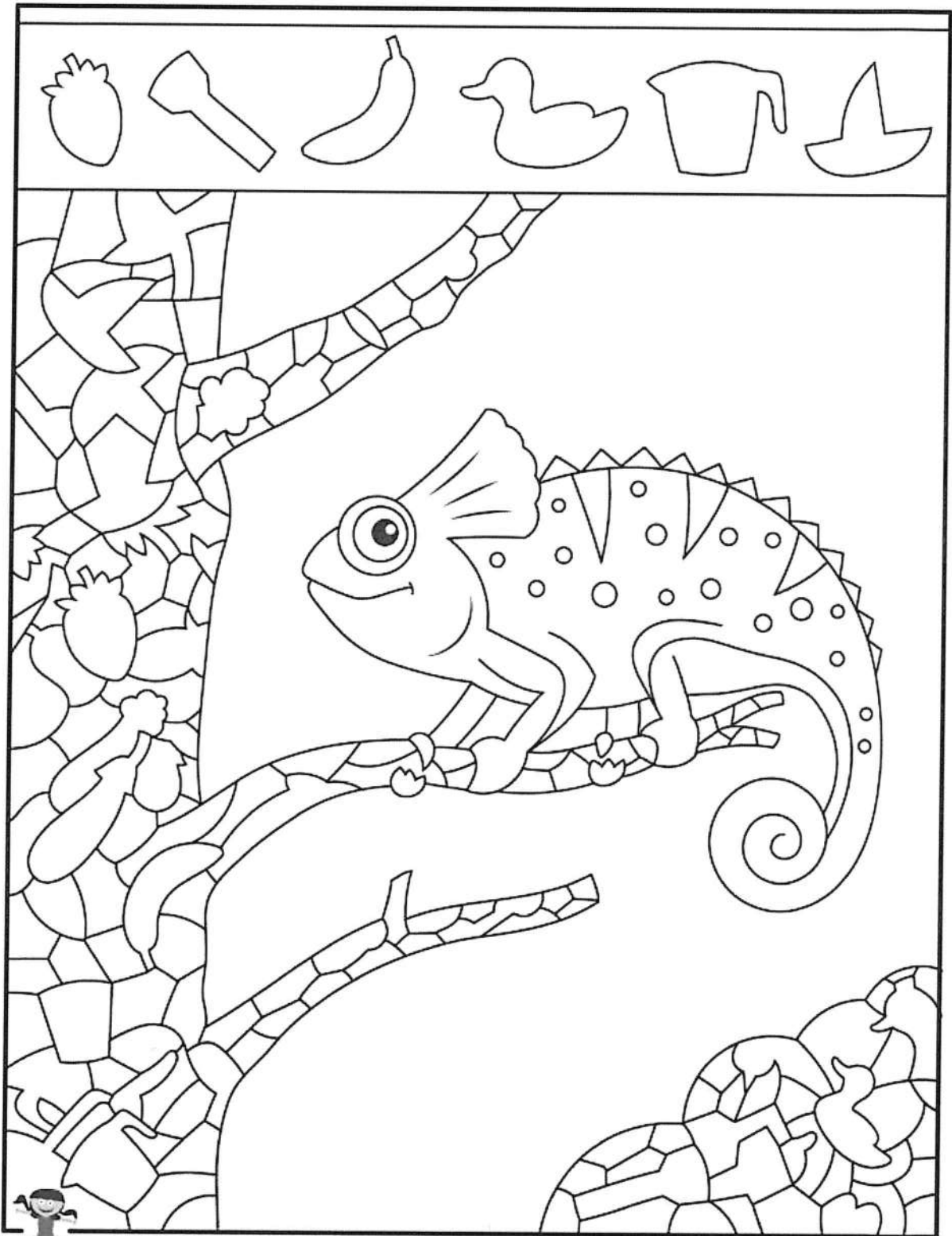
Name _____

Find the pictures and color them in. Check off each picture as you find it.



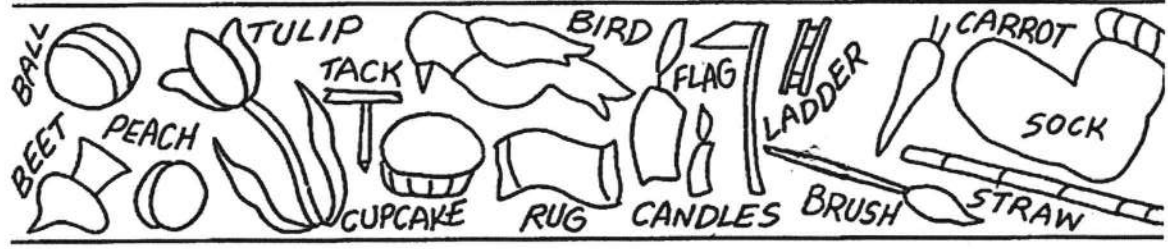
	A							
	a							

•BONUS Practice writing 'A' and 'a' on the back of the page



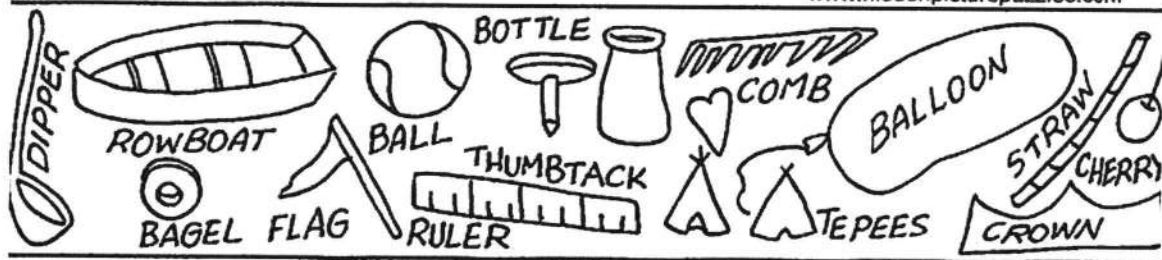


www.hiddenpicturepuzzles.com



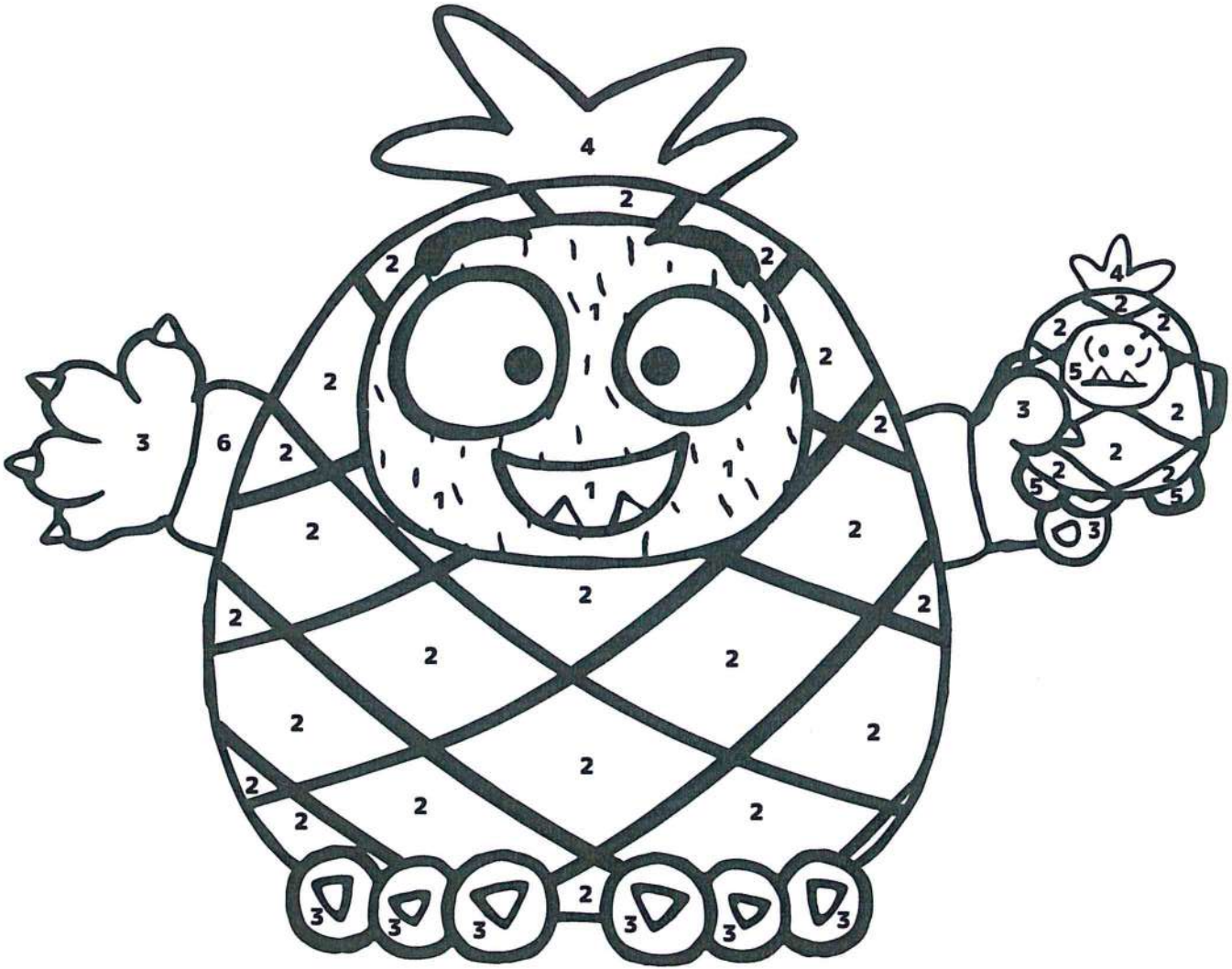


www.hiddenpicturepuzzles.com



Love Monster

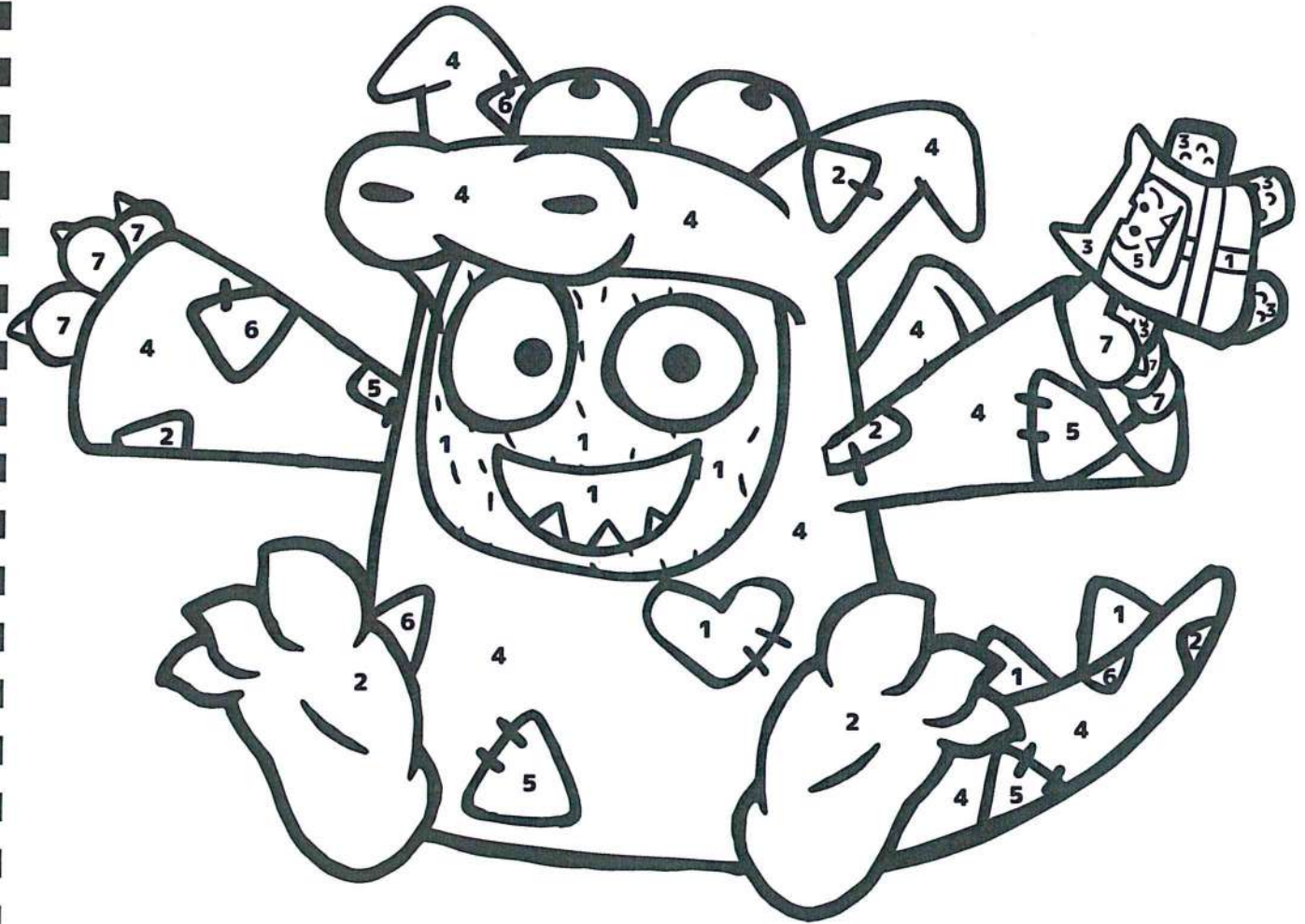
Colour By Number
Colour the picture according to the number guide below.



1 = RED 2 = YELLOW 3 = PEACH 4 = GREEN
5 = BLUE 6 = ORANGE

Love Monster™

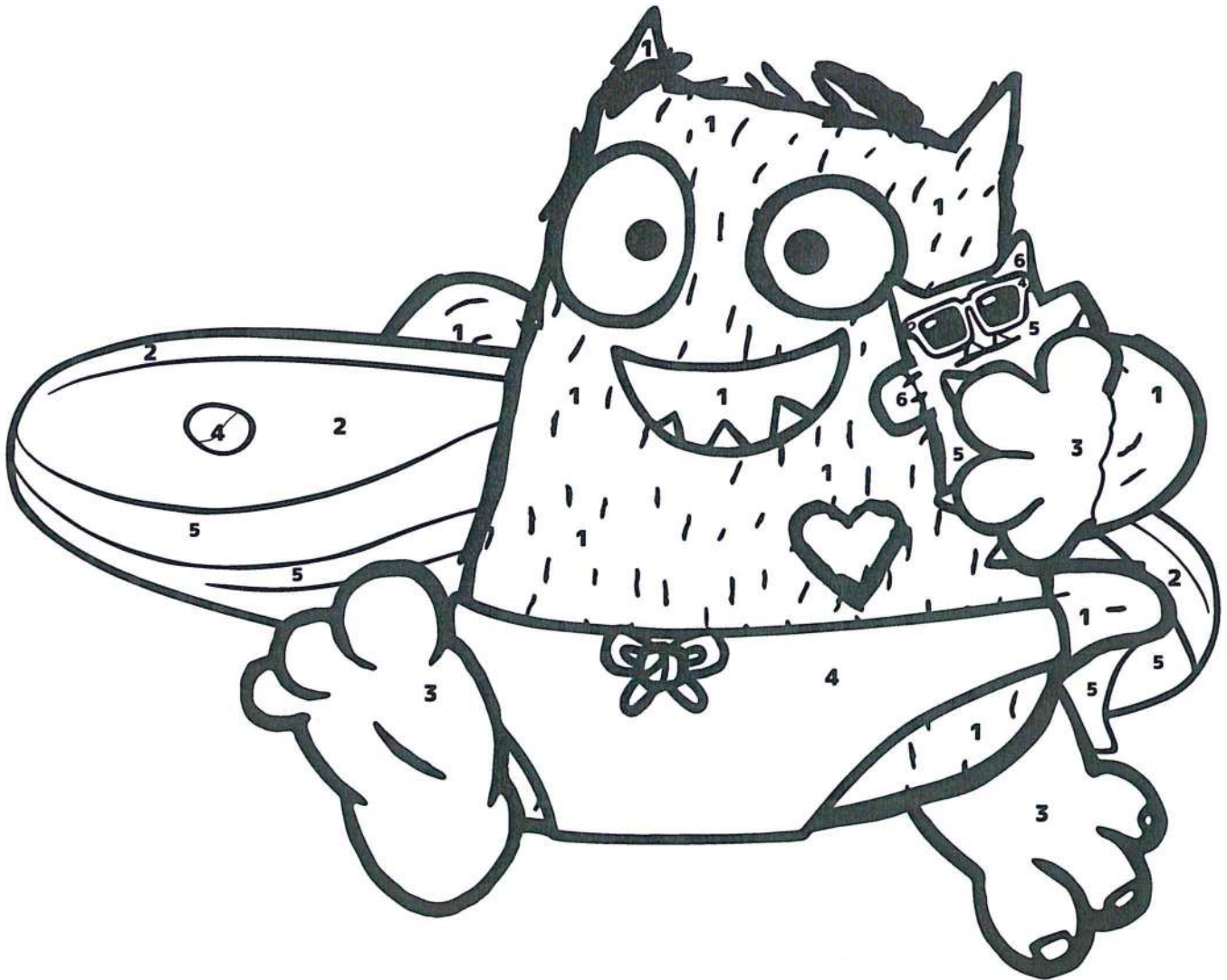
Colour By Number
Colour the picture according to the number guide below.



1 = RED 2 = YELLOW 3 = GREY 4 = GREEN
5 = BLUE 6 = ORANGE 7 = PEACH



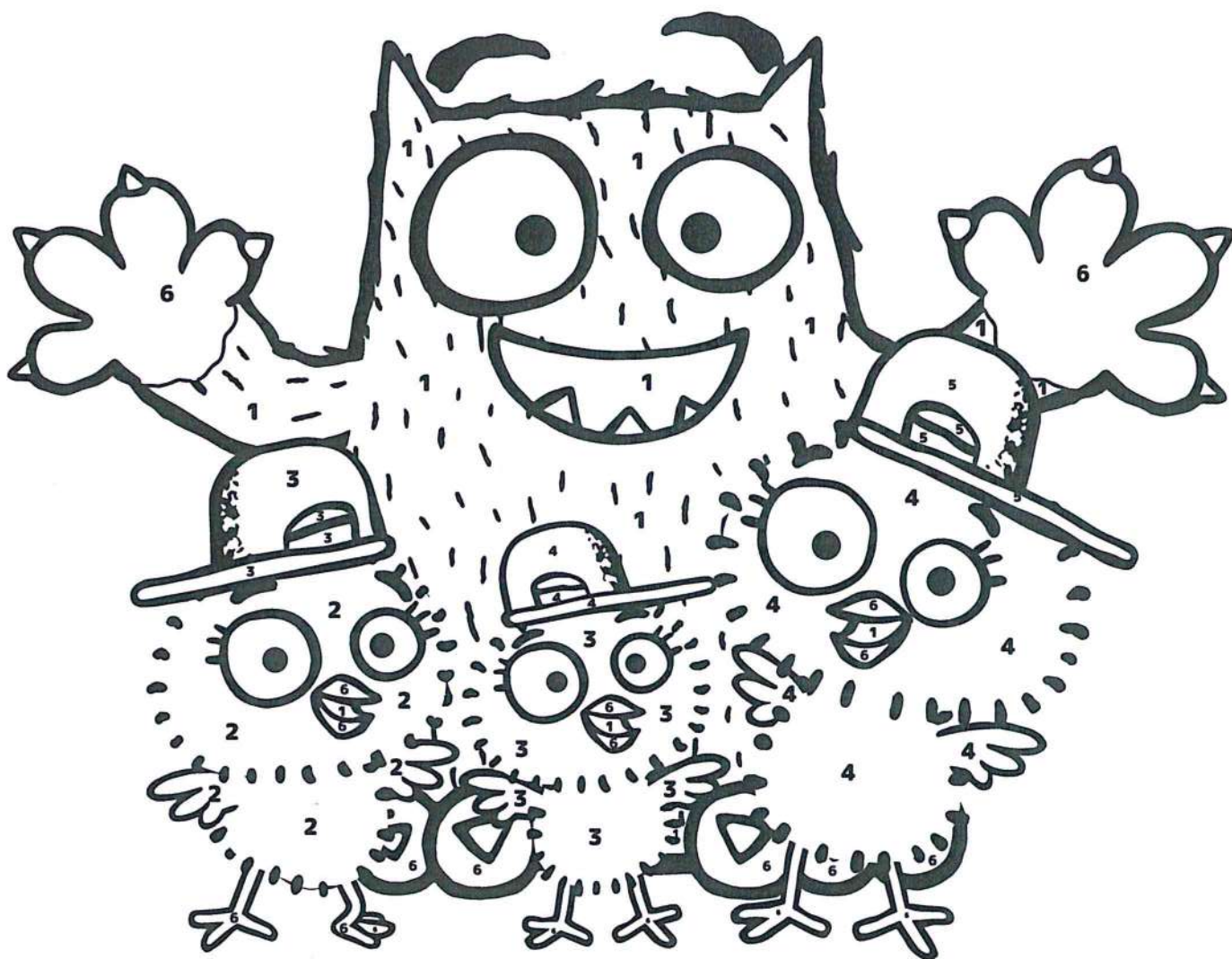
Colour By Number
Colour the picture according to the
number guide below.



1 = RED 2 = YELLOW 3 = PEACH 4 = GREEN
5 = BLUE 6 = GREY

Love Monster

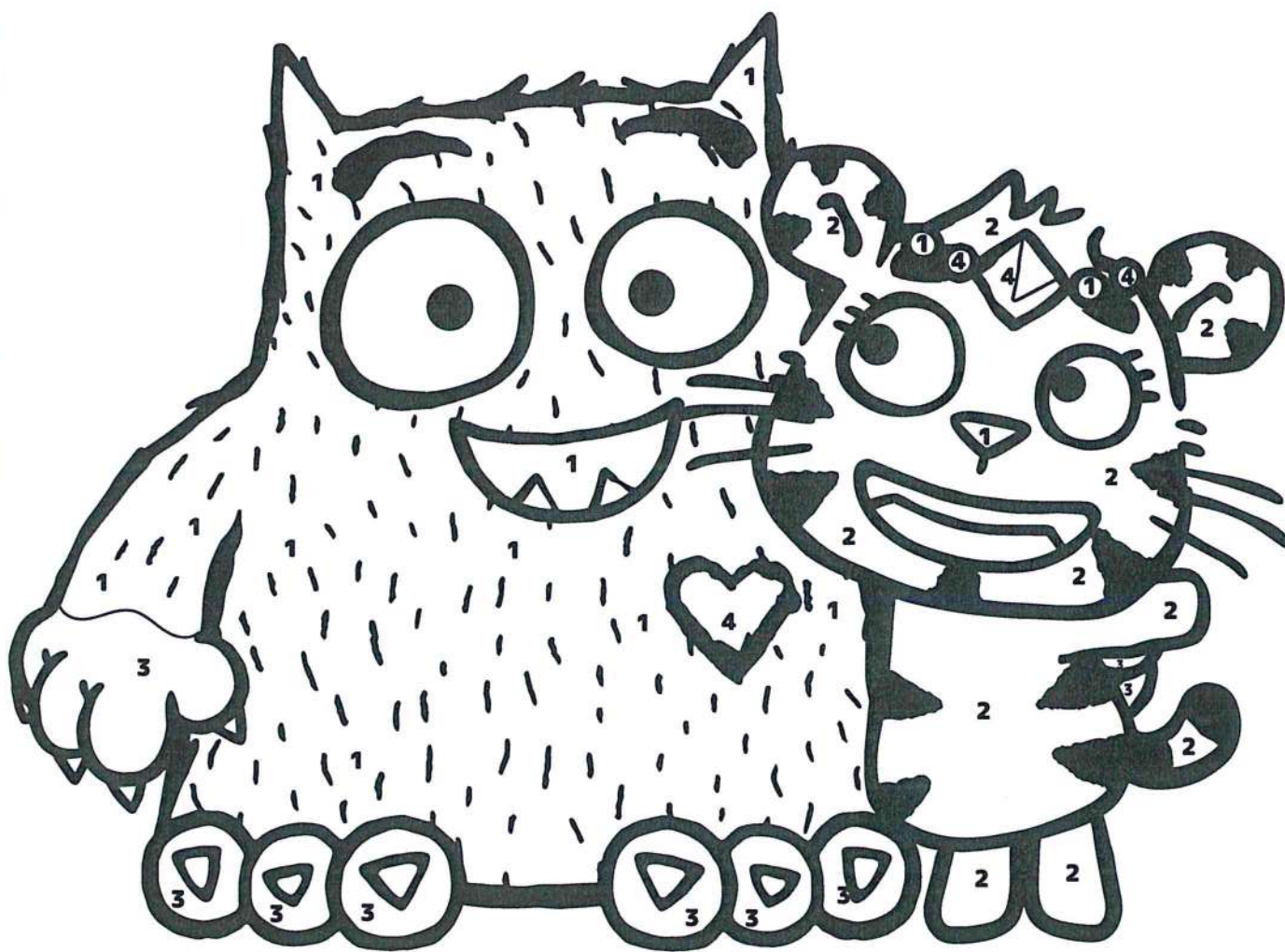
Colour By Number
Colour the picture according to the
number guide below.



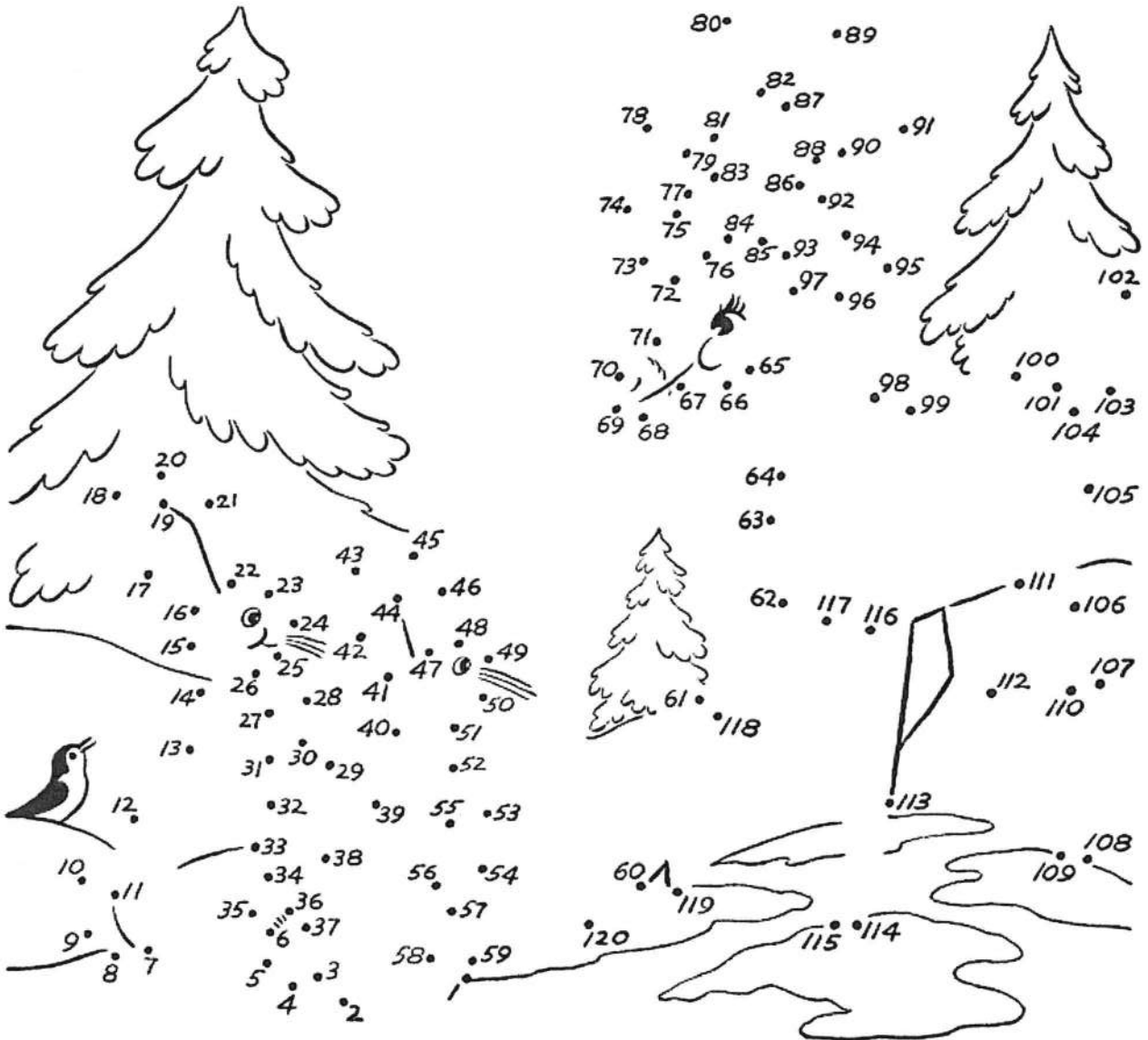
1 = RED 2 = YELLOW 3 = PINK 4 = PURPLE
5 = BLUE 6 = PEACH

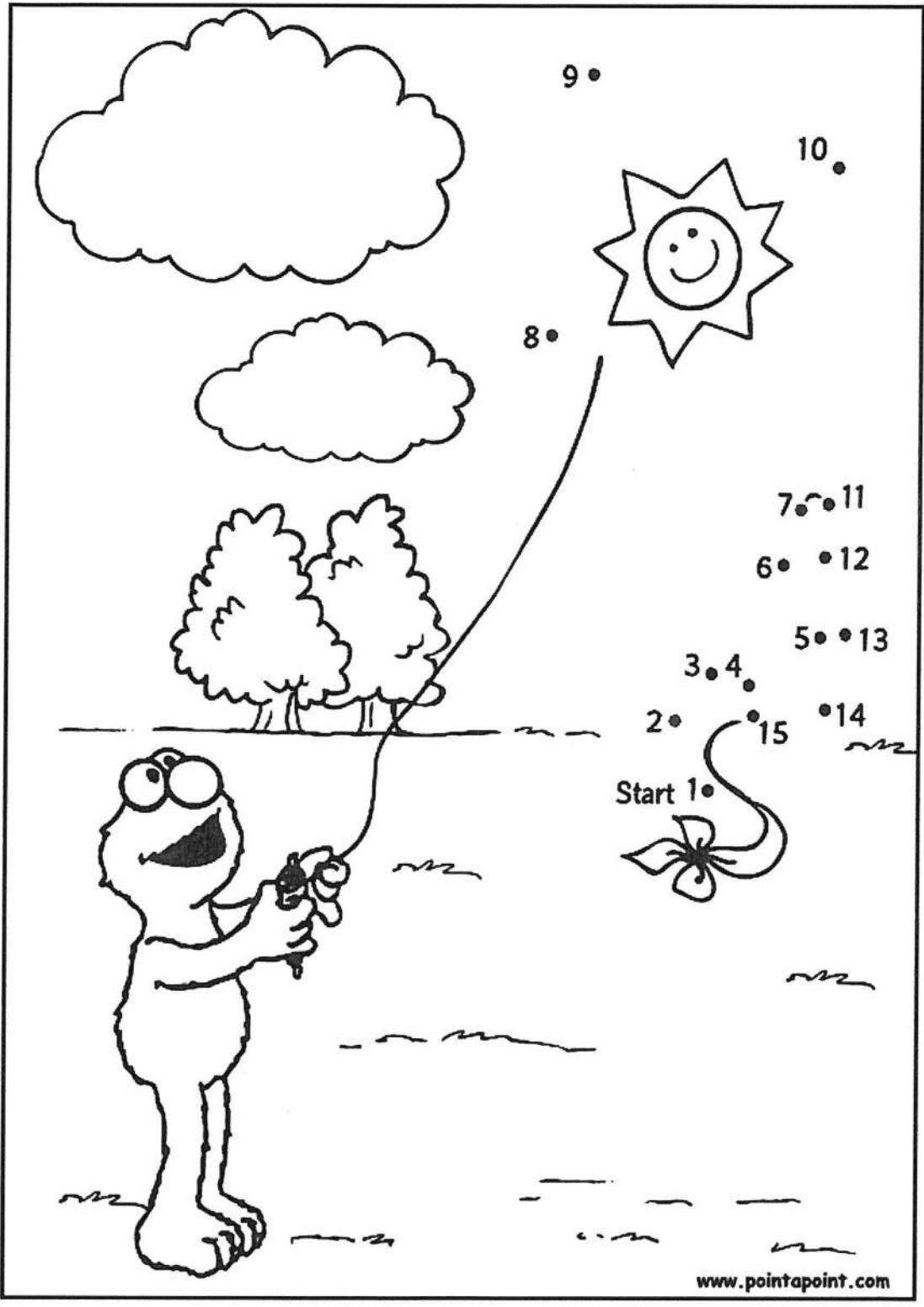
Love Monster

Colour By Number
Colour the picture according to the number guide below.



1 = RED 2 = YELLOW 3 = PEACH 4 = BLUE





9 •

10 •

8 •

7 • • 11

6 • • 12

5 • • 13

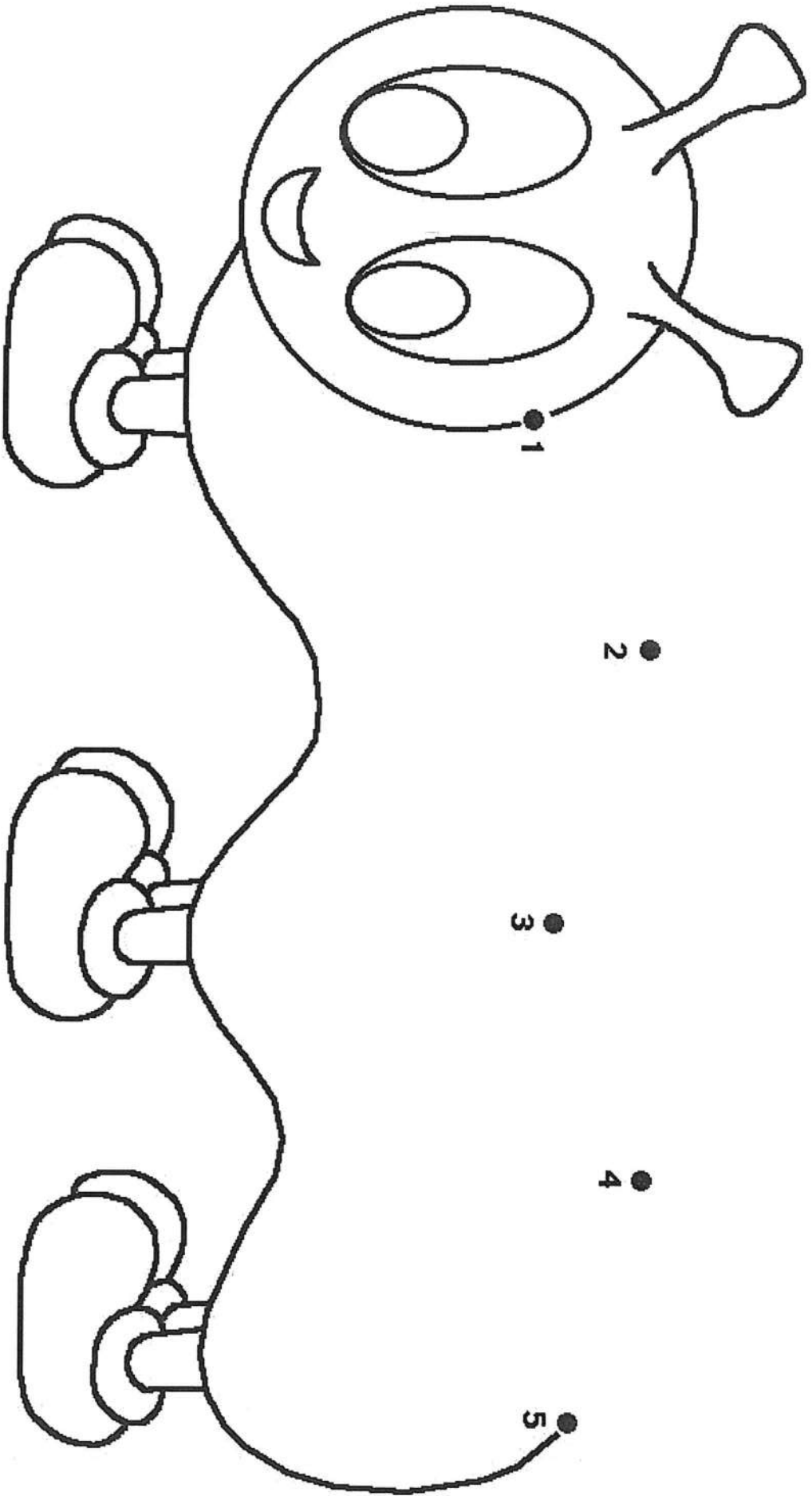
3 • 4 •

2 •

15 •

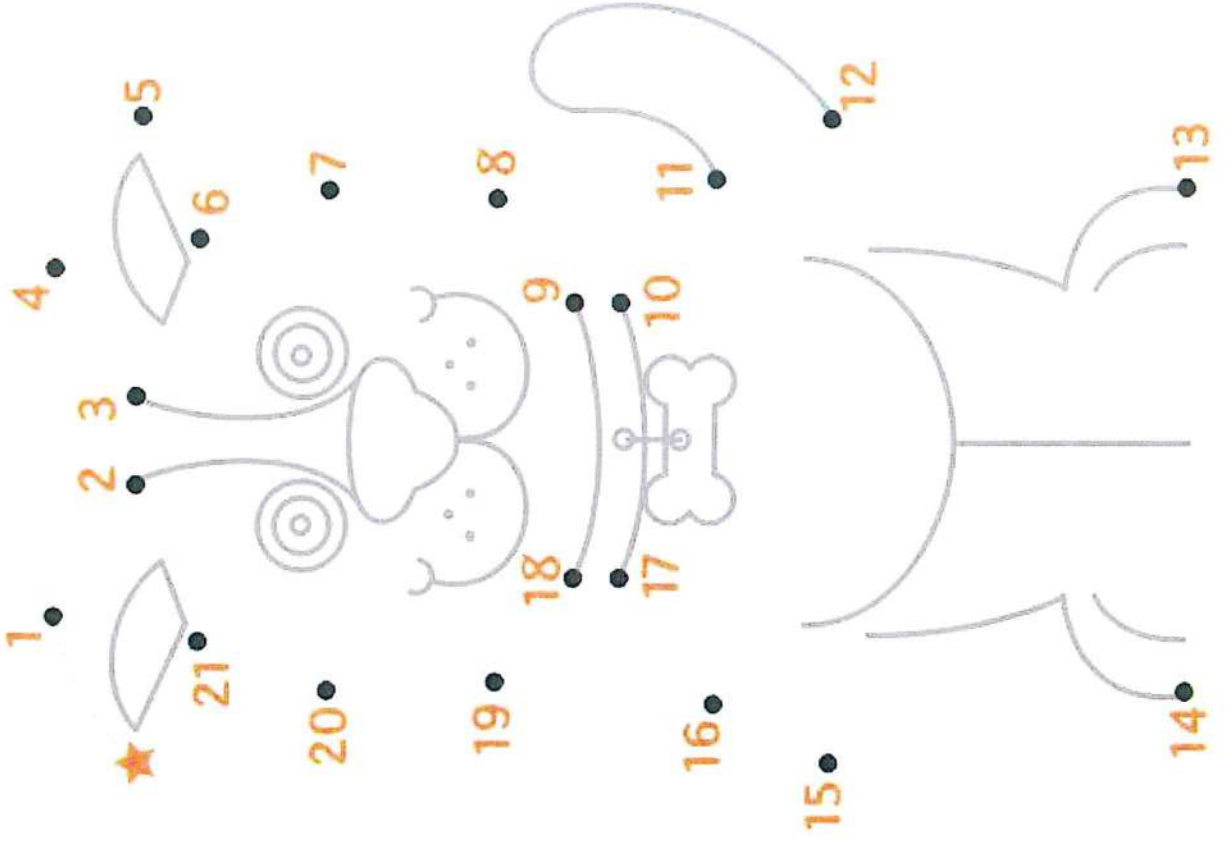
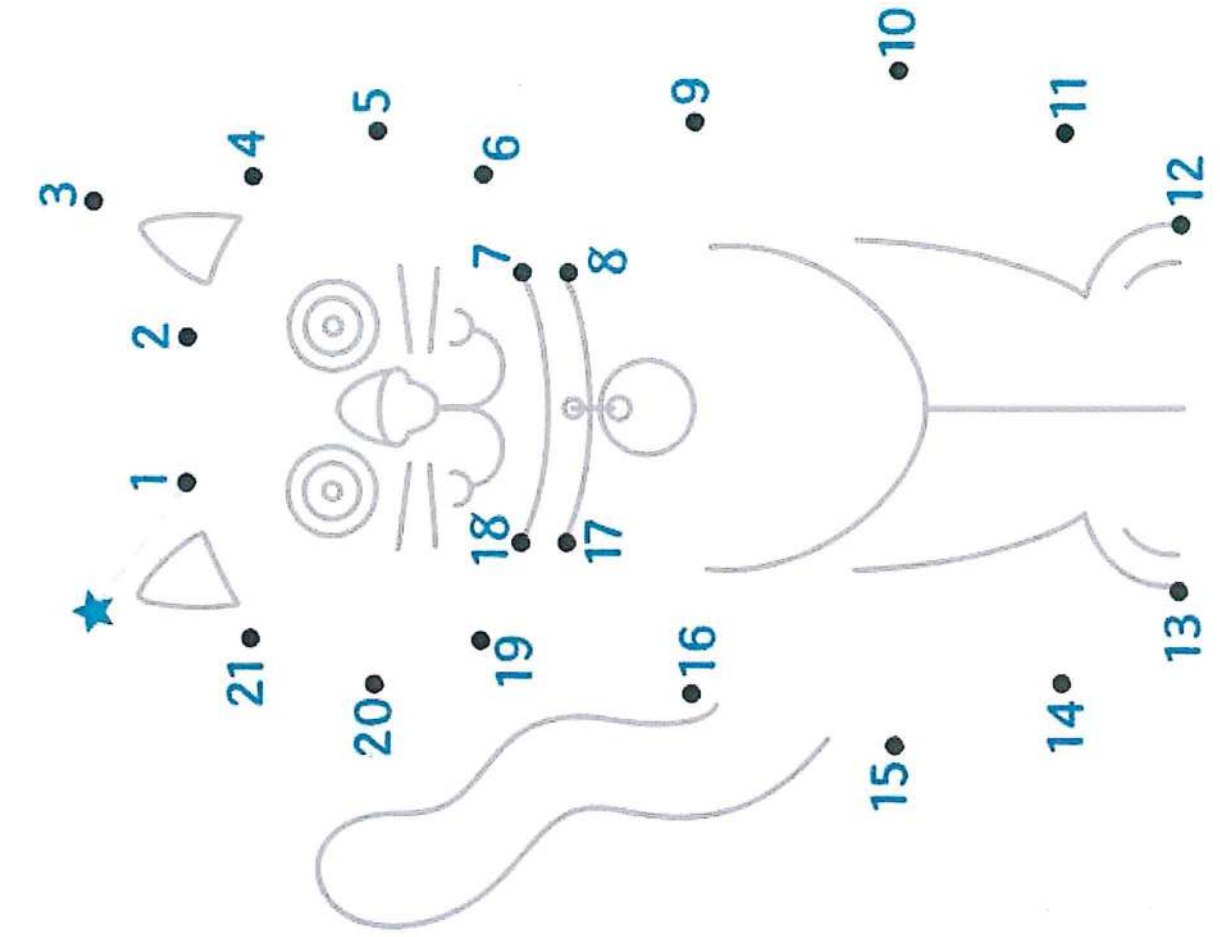
14 •

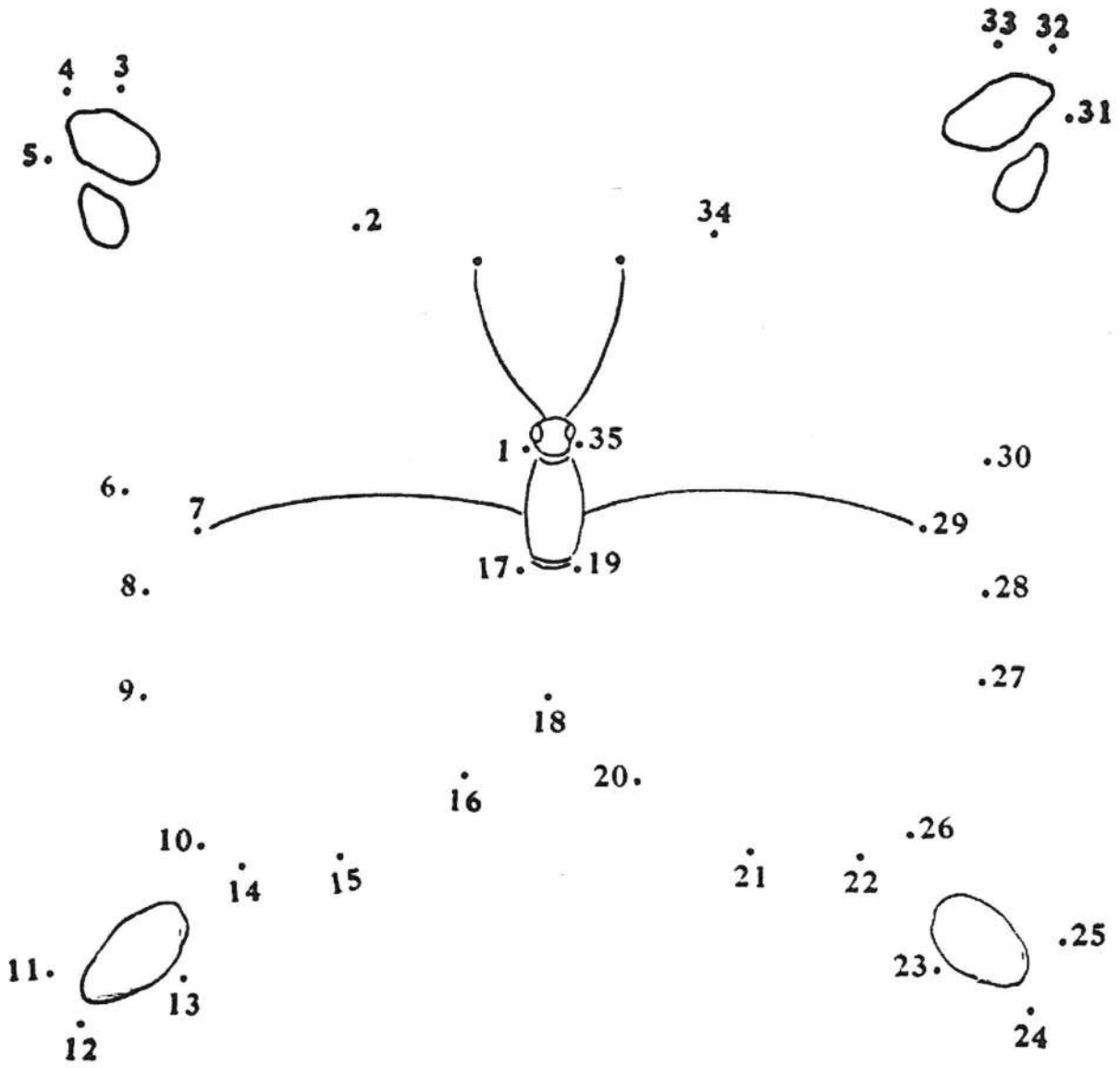
Start 1 •



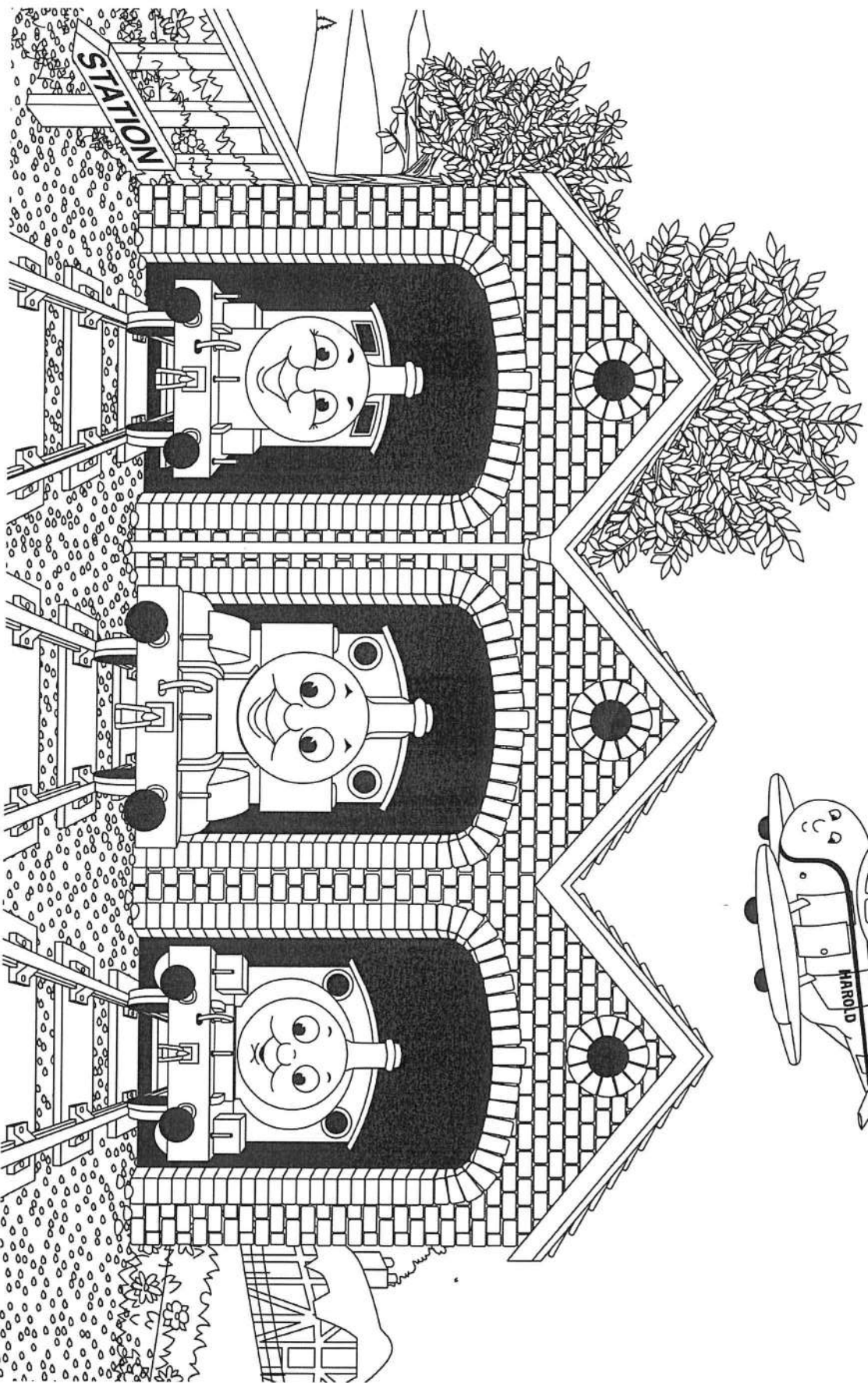
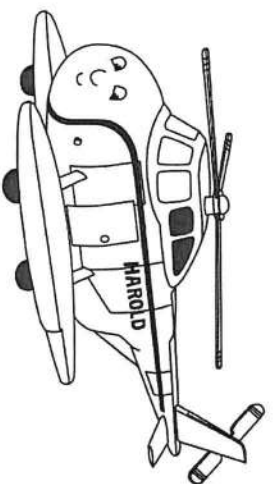
Connect the Cat & Dog Dots

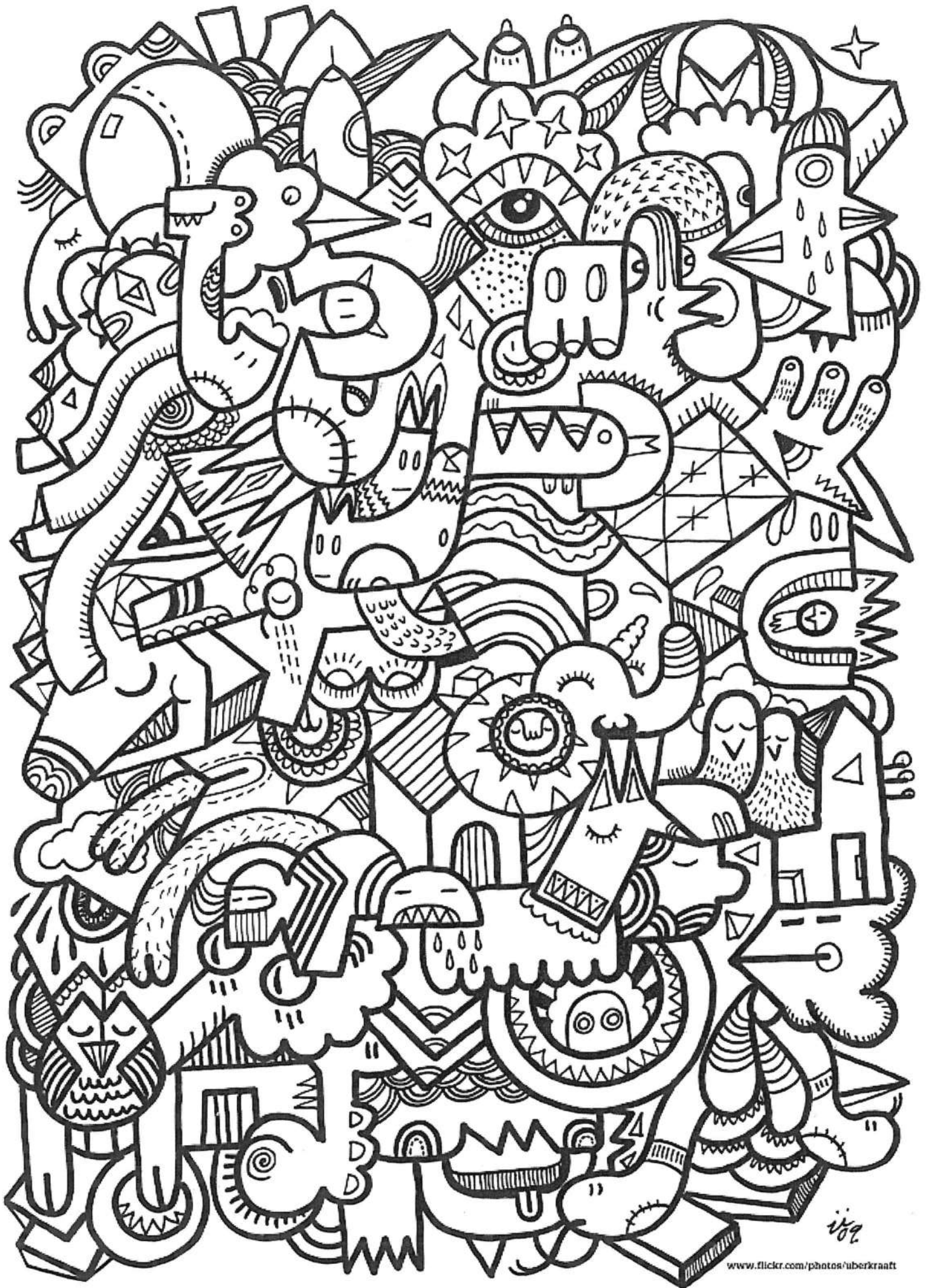
DIRECTIONS: Connect the dots to make both a cat and a dog! Color them in and tell a story about them.

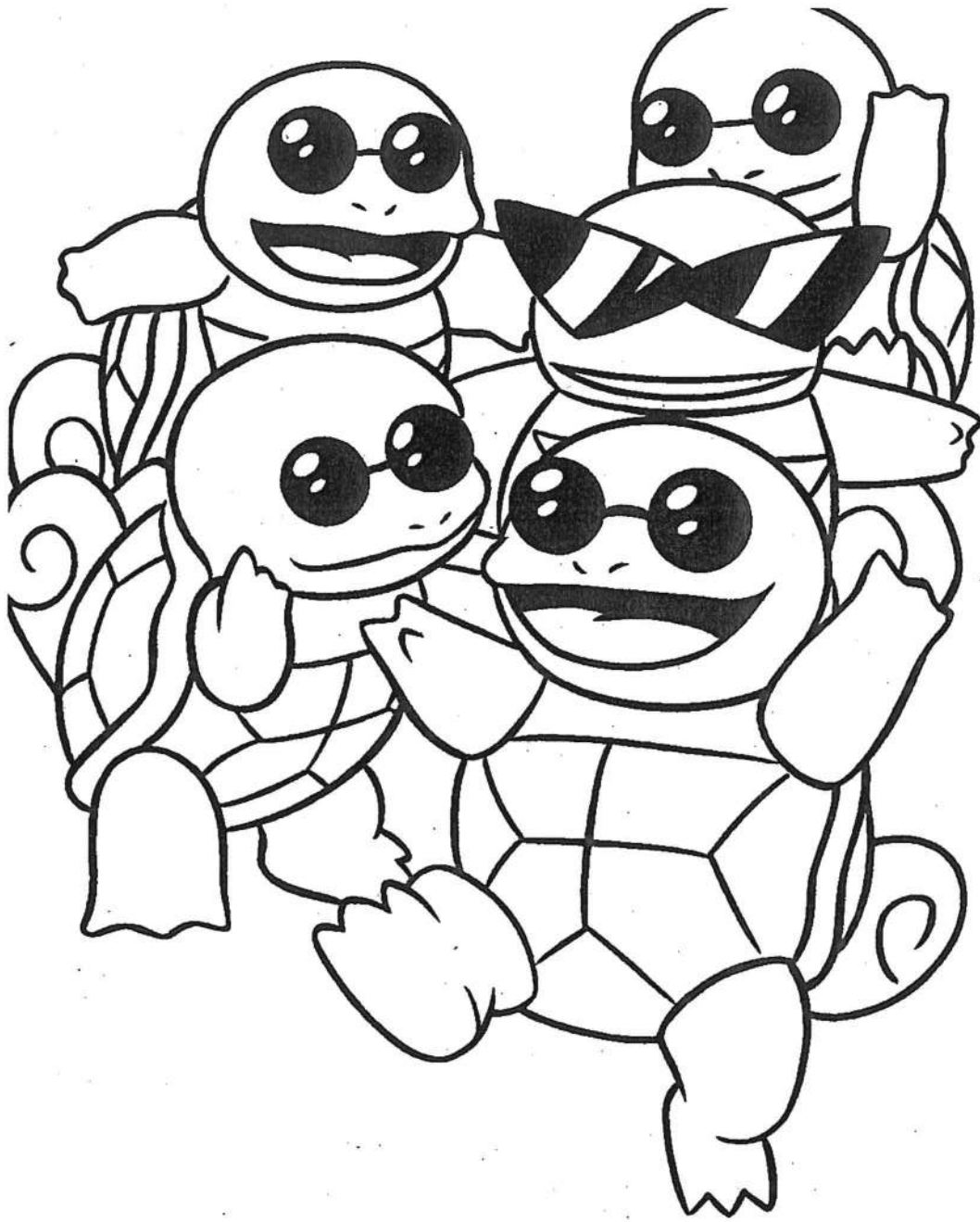




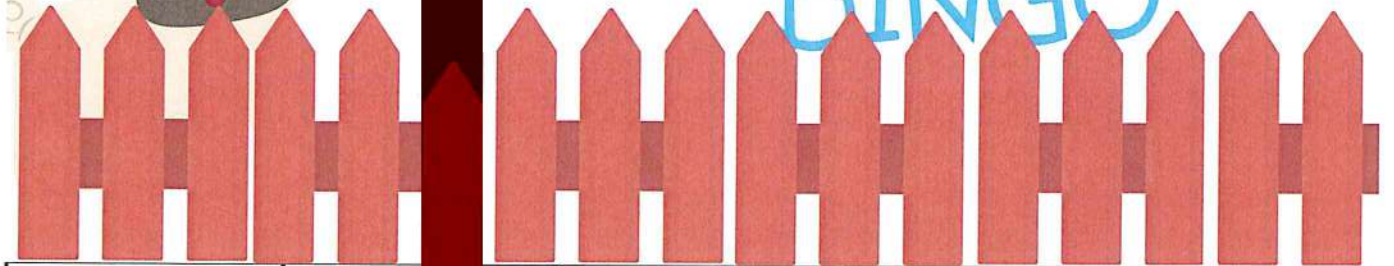






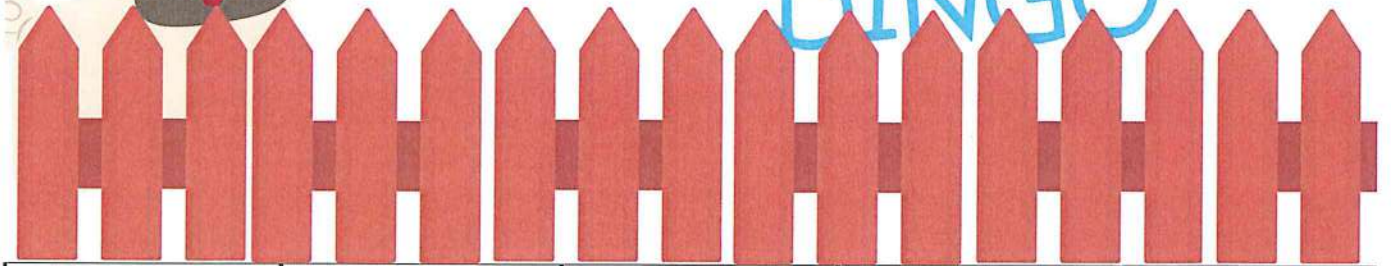


BACKYARD BINGO



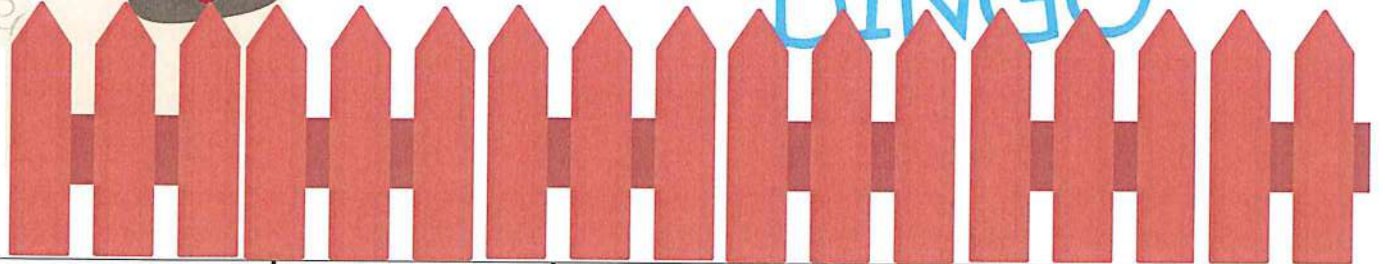
		<p>FREE</p>		

BACKYARD BINGO



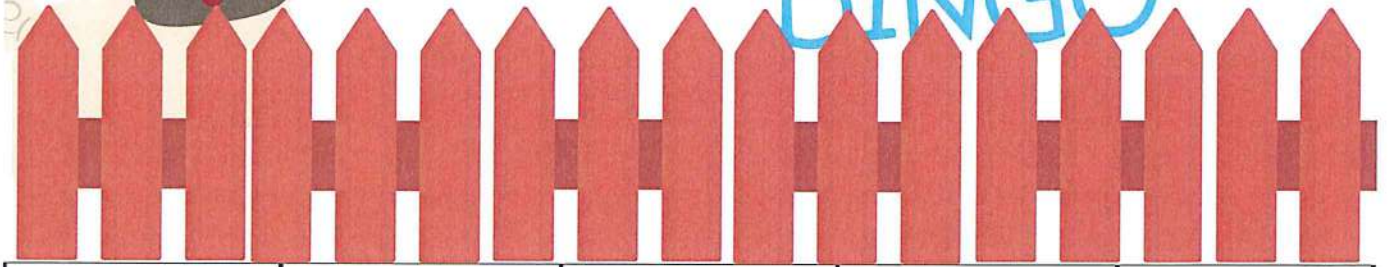
				
				
		<p>FREE</p>		
				
				

BACKYARD BINGO



BACKYARD BINGO



		FREE		

10 TERRIFIC TAG VARIATIONS

CRITTER TAG - One player is It. A stuffed animal acts as a safety. Any player holding the stuffed animal can't be tagged. The fun of this tag game is passing the animal around to help each other to keep from getting tagged. Whoever is tagged becomes the new It.

COWBOY TAG - One player is designated as It. All of the other players pair up and link arms as teams of two. To tag another player, It must link arms with his/her partner. Once you link arms, the player on the other side of the pair becomes It and runs off to try and hook to another pair.

TOILET TAG - *It is the plumber. If tagged by the plumber, the tagged player must kneel on one knee with one arm held out to the side. Tagged players must stay frozen in this position as a toilet until a free player comes and sits on his knee and pushes down on his arm to flush the too. The flushing unfreezes the toilet player to rejoin the game. The player flushing cannot be tagged while 'sitting' on a toilet. Play until all players are frozen or until time is called and a new plumber is nominated. Very large groups may start each round with 2 or 3 plumbers.*

BLOB TAG - **TWO PLAYERS ARE DESIGNATED AS IT AND LINK ARMS AS THE BLOB. WHENEVER THEY TAG ANOTHER PLAYER, THAT PLAYER JOINS ARMS WITH THE BLOB. THE BLOB PLAYERS NEED TO WORK TOGETHER TO NAVIGATE AND TAG OTHERS. ONCE THE BLOB CAPTURES ALL OF THE PLAYERS, START OVER AGAIN.**

BARNYARD TAG - Designate the playing area as the barnyard. Two farmers (It) start in the middle. The rest of the players - the farm animals - line up along one side of the barnyard. Each player is given a type of animal, with three different farm animal types in total. The farmers (or supervising adult) calls out an animal, for example, "Cows," and all the cow must try to run across to the other side of the barnyard without getting tagged. If tagged, the player must run around the entire barnyard before re-entering the game. If the farmer calls "Barnyard," then all animals run across to the other side of the playing area.

BAND-AID TAG - One or two players are designated as It. One area is designated as the "hospital." Whenever a player is tagged, they put a hand over the spot where they were tagged as a "band-aid," and continue to play without removing the hand. This action is repeated when the player is tagged a second time, with the other hand. Once a player has no hand band-aids left (third time tagged), they run to the hospital to get healed. Once they are at the hospital, the player must do 10 jumping jacks (or another pre-determined movement) before re-joining the game.

BEETLE TAG - ONE PLAYER IS IT. PLAYERS WHO ARE TAGGED MUST FREEZE IN PLACE, BUT PLAYERS CLOSE TO BEING TAGGED CAN LIE DOWN ON THEIR BACK AND WIGGLE THEIR ARMS AND LEGS LIKE A BEETLE TO AVOID BEING TAGGED. THEY CAN ONLY DO THIS FOR 10 SECONDS. IT CANNOT STAY NEXT TO A PLAYER AS THEY COUNT TO 10. A FROZEN, TAGGED PLAYER CAN BE UNFROZEN BY A FREE PLAYER. ONCE ALL PLAYERS ARE FROZEN, A NEW IT IS CHOSEN.

HOT DOG TAG - One player is designated as It. When a player is tagged they lie down on the ground as the hot dog. In order to get back in the game, two free players have to lie down on either side of the hot dog as the bun. No one can tag the players who are the hot dog or the buns while they are lying down.

OCTOPUS TAG - *One player is designated as the Octopus. All other players line up on one side of the playing area. Octopus stands in the middle. When the Octopus says Go, all of the players try to reach the other side of the playing area without getting tagged. Any player that is tagged, sits on the ground and becomes seaweed. During the next round, the seaweed can help tag from their place on the ground, moving only their arms. Once all players are seaweed, a new round begins.*

WATCH YOUR BACK TAG - *In this game everyone is It! All players are trying to tag another player before they are tagged. If two players tag each other at the same time they play a round of rock paper scissors to determine who stays in the game. If you are tagged without tagging your tagger, you sit down.*

Yoga for Pirates

Salute the Sun



Mountain



Extended Mountain



Chair



Forward Fold



Half Forward Fold



Plank



Cobra



Downward Dog



Warrior



Plank



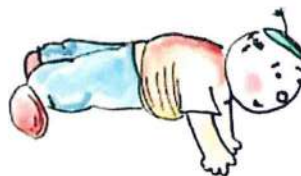
Cobra



Downward Dog



Warrior



Plank



Cobra



Downward Dog



Half Forward Fold



Full Forward Fold



Chair



Mountain

Pitta Bread Pizza

This pitta pizza recipe for kids is really quick and easy to make and bake. Customise with your choice of toppings for a yummy lunch or dinner kids will love!



Prep Time	Cook Time	Total Time
4 mins	8 mins	12 mins

Course: **Lunch, Main Course** Cuisine: **American, Italian** Servings: **2 people**
Author: **Grace Hall**

Ingredients

- 2 pitta breads
- 1 Tbsp tomato puree
- handful grated mozzarella cheese
- extra pizza toppings of your choice optional

Instructions

1. Preheat the oven to 180°C (350°F/Gas Mark 4).
2. Prepare any toppings you want to add to your pizza. We used sliced Peperami and sliced red pepper.
3. Place the pitta breads on an oven tray, then spread a thin layer of tomato puree over the top of each pitta bread, going right to the edges.
4. Sprinkle over the grated cheese, again, going right to the edges.
5. Add your pizza toppings. You can arrange them in fun shapes (faces are always fun!) or sprinkle them evenly - it's entirely up to you!
6. Bake in the oven for 8-10 minutes until the cheese is melted and bubbling.
7. Leave to cool for a few minutes before serving, then serve whole or cut into slices.

Easy Cheese Oatcakes

This easy cheese oatcakes recipe has just 3 main ingredients and make a great healthy snack for kids!

Prep Time	Cook Time	Total Time
10 mins	15 mins	25 mins



Course: **Lunch Box, Snack** Cuisine: **British, Gluten-Free**

Servings: **15 oatcakes** Author: **Grace Hall**



5 from 1 vote

Ingredients

- 120 g oats
- 50 g cheddar cheese
- 10 g butter
- 1 Tbsp plain flour for rolling out

Instructions

1. Preheat oven to 200°C (Gas mark 6/400°F). Line one large or two small baking trays with baking paper.
2. Weigh the oats and place them in a blender or food processor. Whizz the oats until they have the consistency of rough flour.
3. Grate the cheese using a fine grater and place in a bowl along with the oats.
4. Mix together until well combined.
5. Place the butter in a small microwave-safe bowl and cook for 15 seconds at a time until melted.
6. Pour the melted butter into the bowl with the oats and grated cheese and add 75ml of warm water.
7. Mix well until the mixture comes together in a sticky dough. If it is too crumbly add a little more warm water as needed, a small splash at a time.
8. Roll out the dough on a floured surface to around the thickness of a £1 coin.
9. Using cookie cutters in a shape of your choice, cut the dough into individual oatcakes and transfer them to the lined tray.
10. Bake in the pre-heated oven for 12-15 minutes until the edges of the oatcakes are starting to lightly brown.
11. Remove from the oven and leave oatcakes on the baking tray for a few minutes to cool, before transferring to a wire cooling rack to cool completely.

Notes

Once completely cool, store in an airtight container for up to a week.

Banana Oat Cookies

This banana oat cookies recipe is easy to customise and has just two essential ingredients with no eggs, flour or dairy needed!



Prep Time 5 mins	Cook Time 15 mins	Total Time 20 mins
---------------------	----------------------	-----------------------

Course: **Breakfast, Snack** Cuisine: **British** Servings: **10 cookies**

Author: **Grace Hall**

Ingredients

Essential:

- 2 very ripe bananas
- 80 g oats

Optional extras (see alternatives in original blog post):

- 1/2 tsp vanilla extract
- 20 g desiccated coconut
- 30 g dark chocolate chips

Instructions

1. Preheat the oven to 180°C (Gas mark 4/350°F). Lay out 10 silicone muffin cups on a baking tray.
2. Peel the bananas, then mash in a bowl. I just used a fork, but the kids love using a potato masher for this job!
3. Add the rest of the ingredients; oats and optional extras.
4. Stir well until ingredients are completely combined.
5. Divide the mixture between the 10 muffin cups and press each one down firmly with the back of a spoon
6. Bake for 15 minutes until the edges are starting to brown and crisp up.
7. Remove from the oven and leave to cool for a few minutes until the silicone cups are cool enough to handle.
8. Pop the bites from the muffin cups and leave to cool completely on a cooling rack.

Notes

Once completely cool, these cookie bites can be stored in an airtight container for up to 3 days.

RICE KRISPIES TREATS



3 Tablespoons of butter

1 package of marshmallows

6 cups of Rice Krispies cereal

Put butter and marshmallows in a bowl and microwave until melted. Add Rice Krispies cereal and stir. Spray cooking spray in glass baking dish. Then pour in the cereal mixture. Let cool then serve.

