

Activities

Monday 26th Oct

Bingo



Mindful
colouring
in



Tuesday 27th Oct

Ispy



Wednesday 28th Oct

Scavenger
Hunt



Thursday 29th Oct

Handprint Bat
Craft



Friday 30th Oct



Saturday 31st Oct

Colour and
cut out
masks
Happy Halloween

Sunday 1st Nov

Yoga



***Remember we are just a call/message
away if you need anything.
0428 736 961***

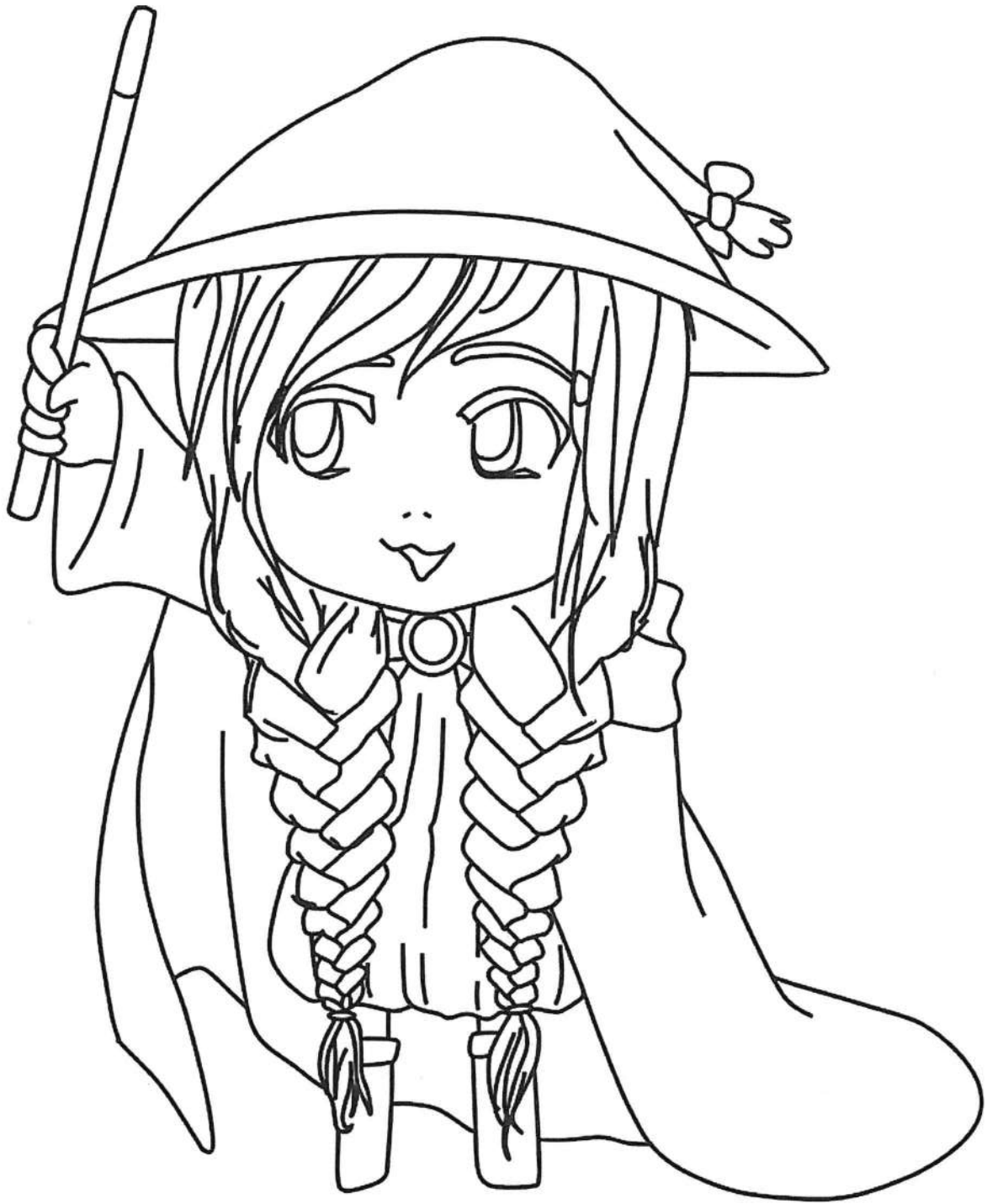
The Family Haven Mooroopna acknowledges and pays respect to the Yorta Yorta Nation, as the original ongoing custodians of the land we meet on.

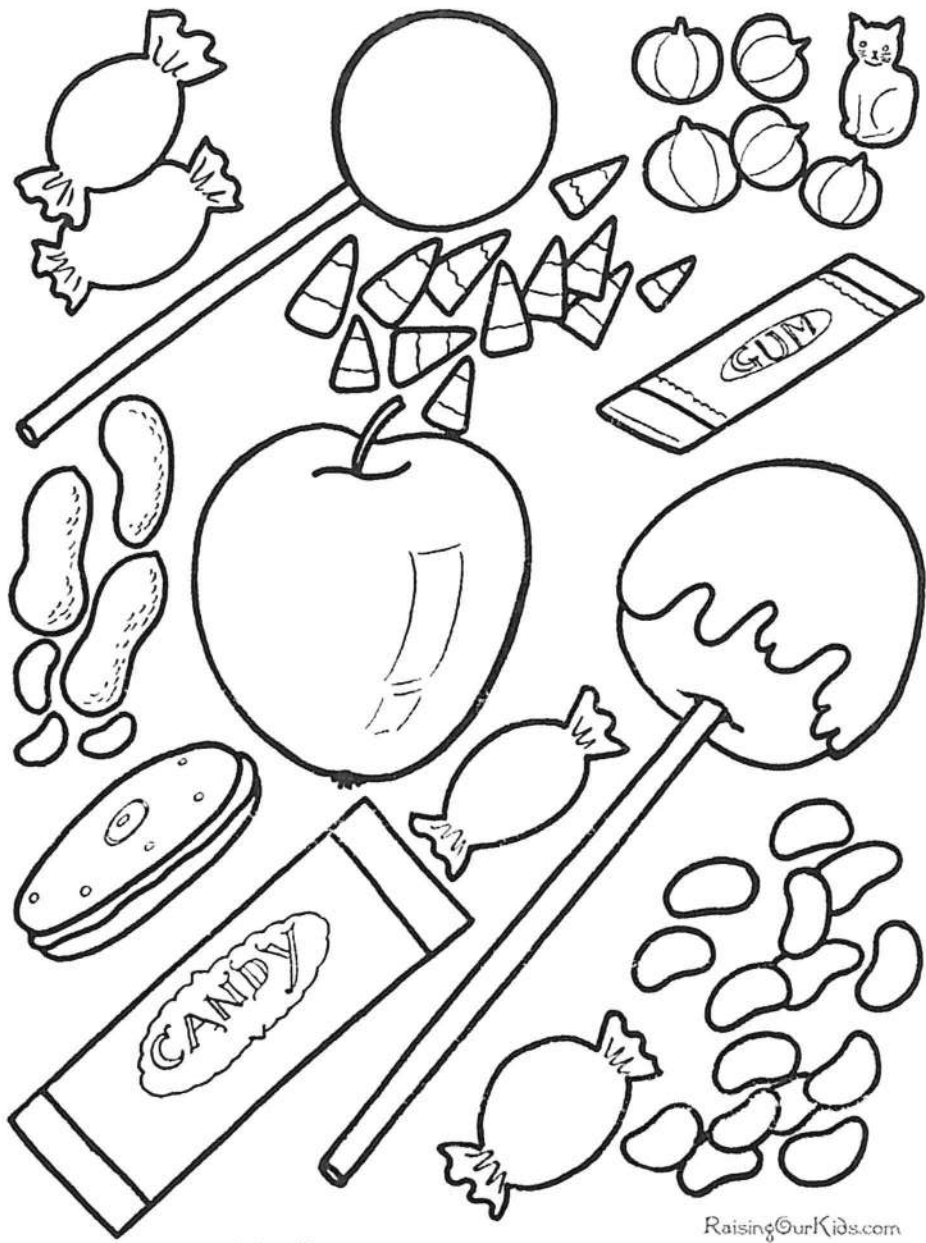












Halloween Treats



RaisingOurKids.com

Halloween Parade





















































HOW MANY OF EACH CAN YOU FIND?

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HOW MANY OF EACH CAN YOU FIND?

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













HOW MANY OF EACH CAN YOU FIND?

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HOW MANY OF EACH CAN YOU FIND?

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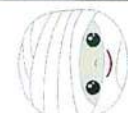

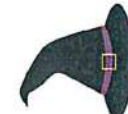














HALLOWEEN

..... BINGO

				
				
		FREE		
				
				

























HALLOWEEN

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HALLOWEEN

























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CRAZY little PROJECTS

HALLOWEEN





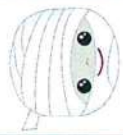








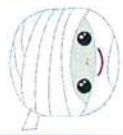






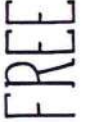

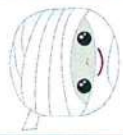





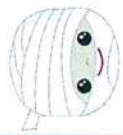


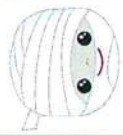








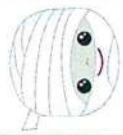





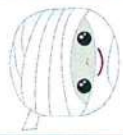


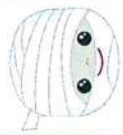




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CRAZY little PROJECTS




































HALLOWEEN

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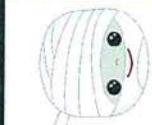




















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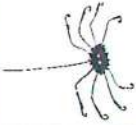


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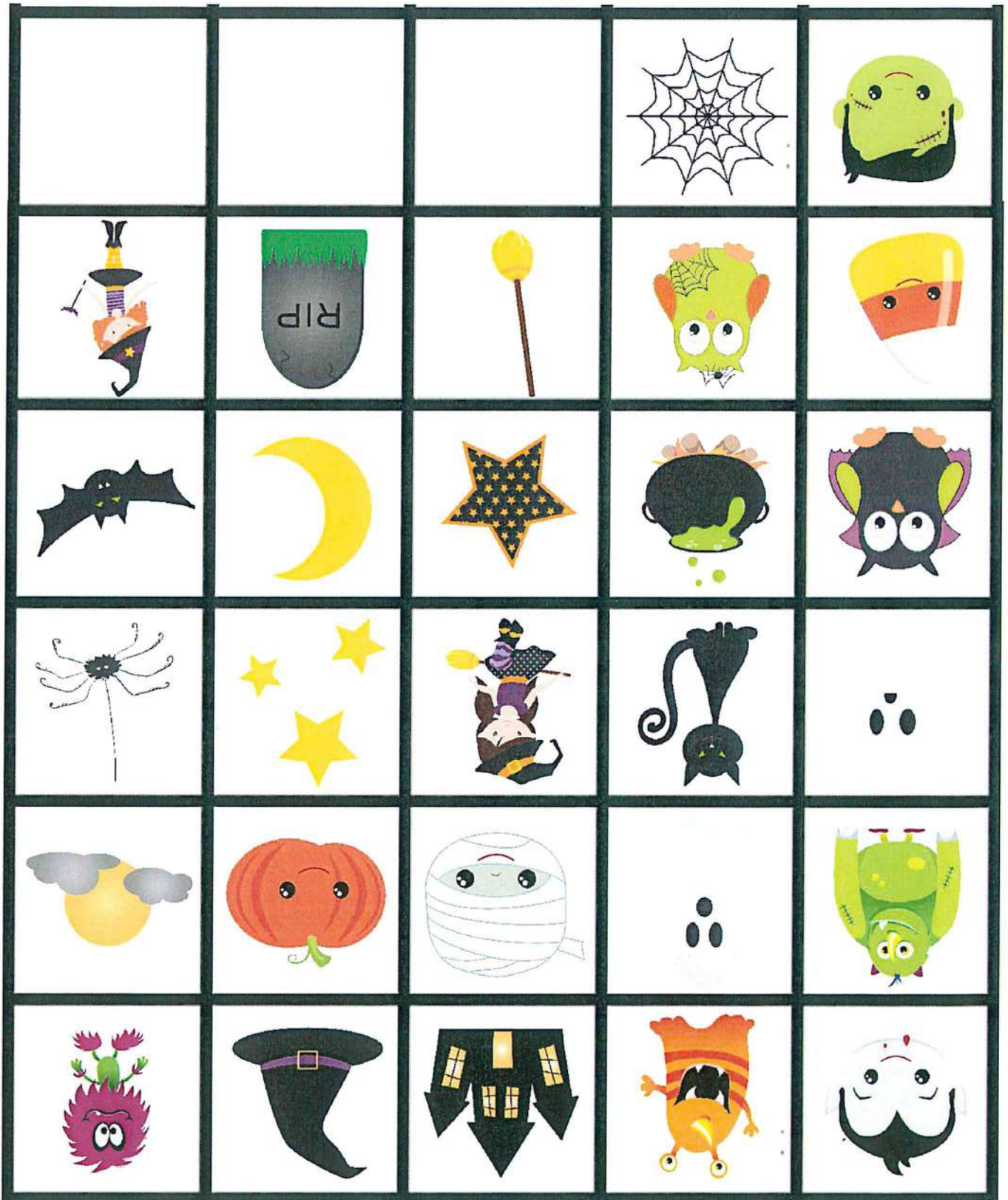
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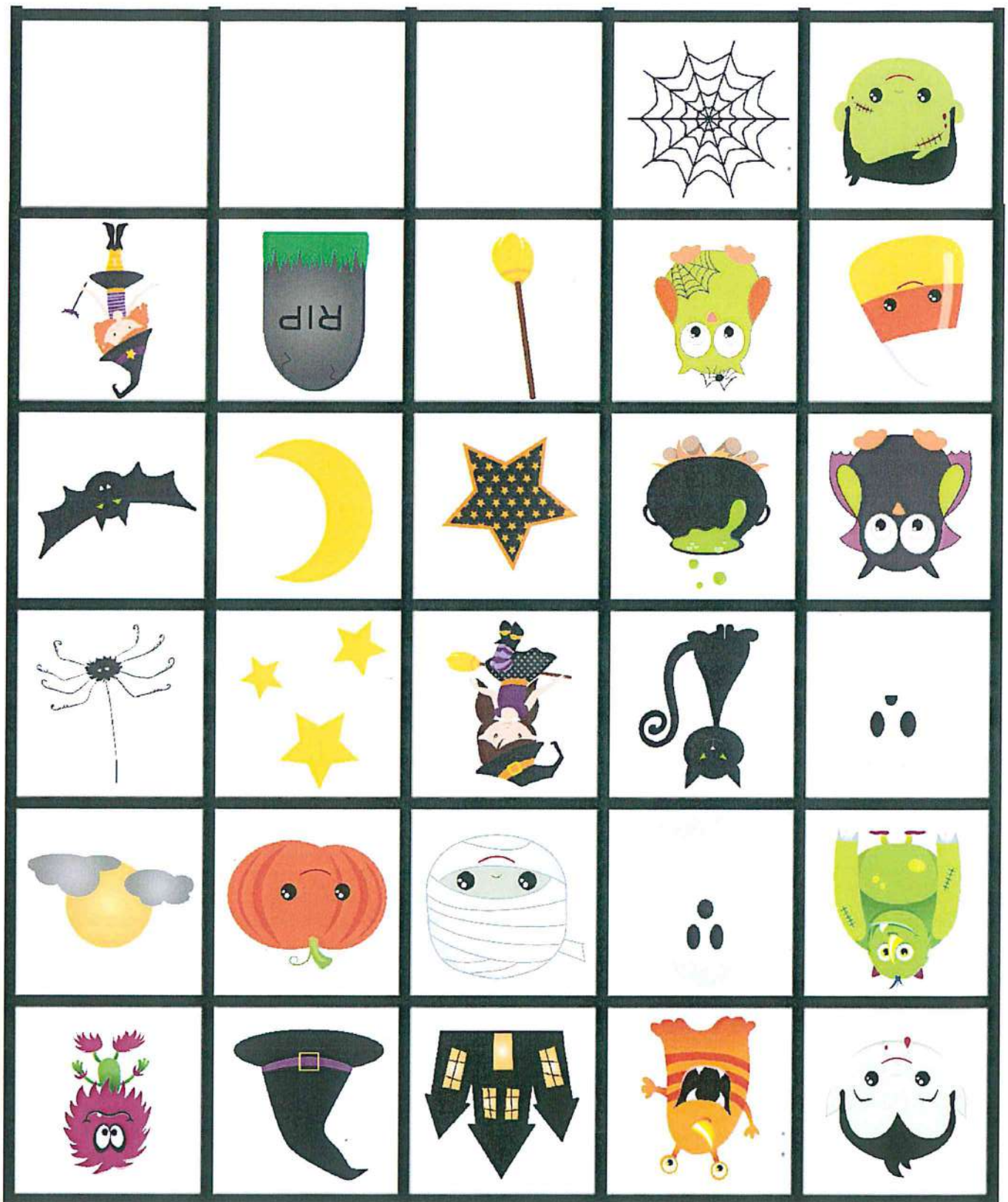
				
				
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Handprint Bat Craft

Materials:

paper (for handprints)

pencil or marker

scissors,

glue,

something to colour with (pencils, textas, crayons)

Craft Instructions:

Colour the template pieces

Cut out the template pieces (young children may need help with this step).

Trace the child's hands on another piece of paper and cut out (two handprints)

Glue the bat together:

Glue the head to the oval body

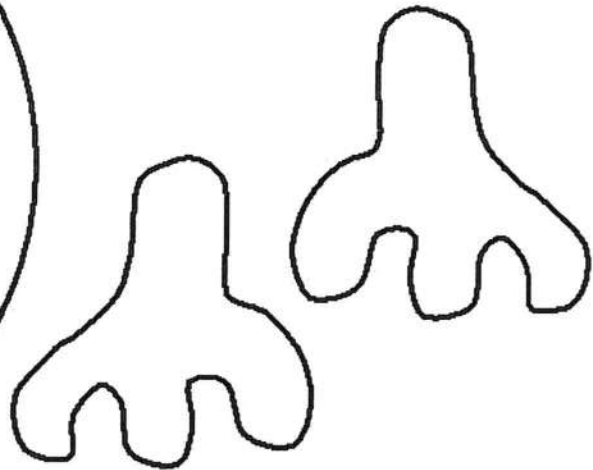
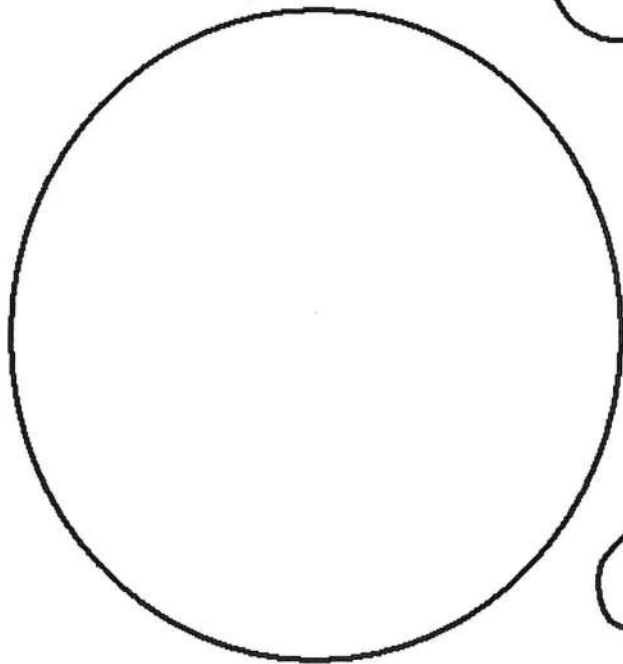
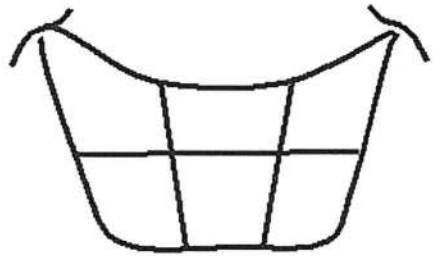
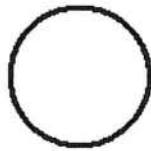
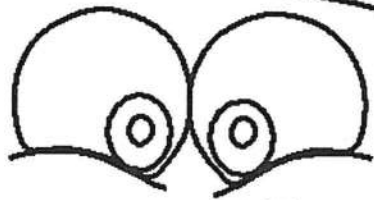
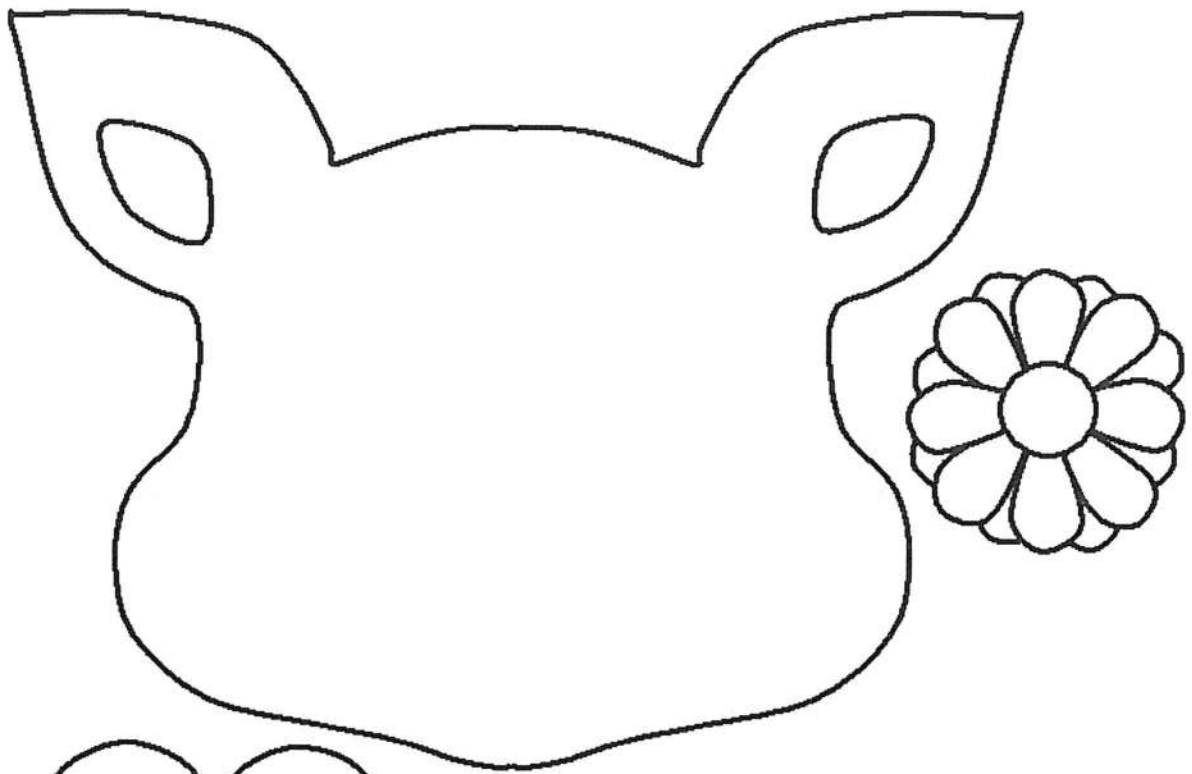
Glue the face onto the head

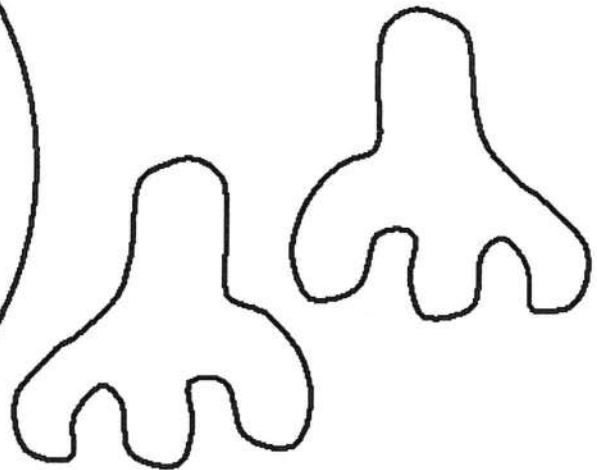
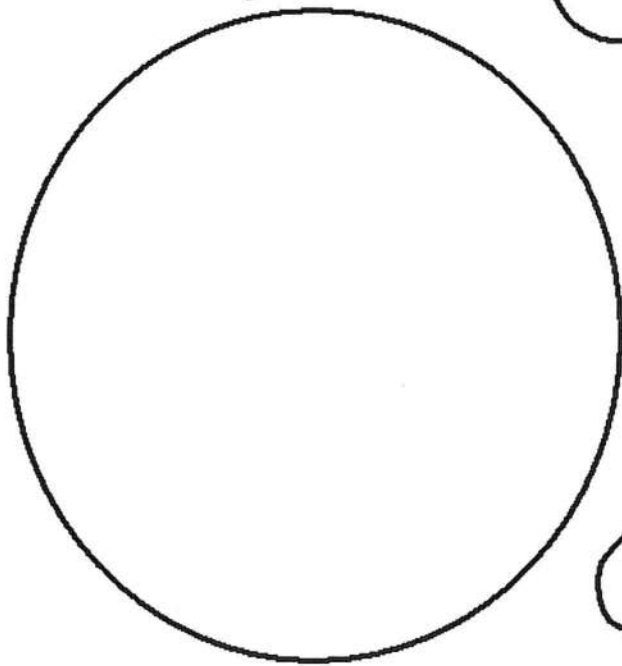
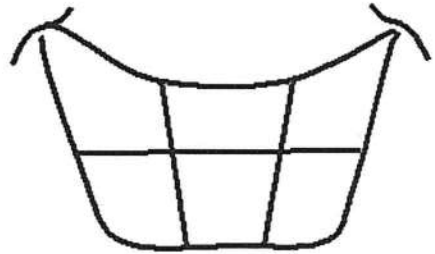
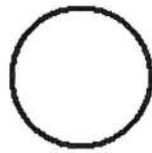
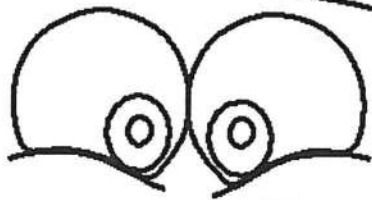
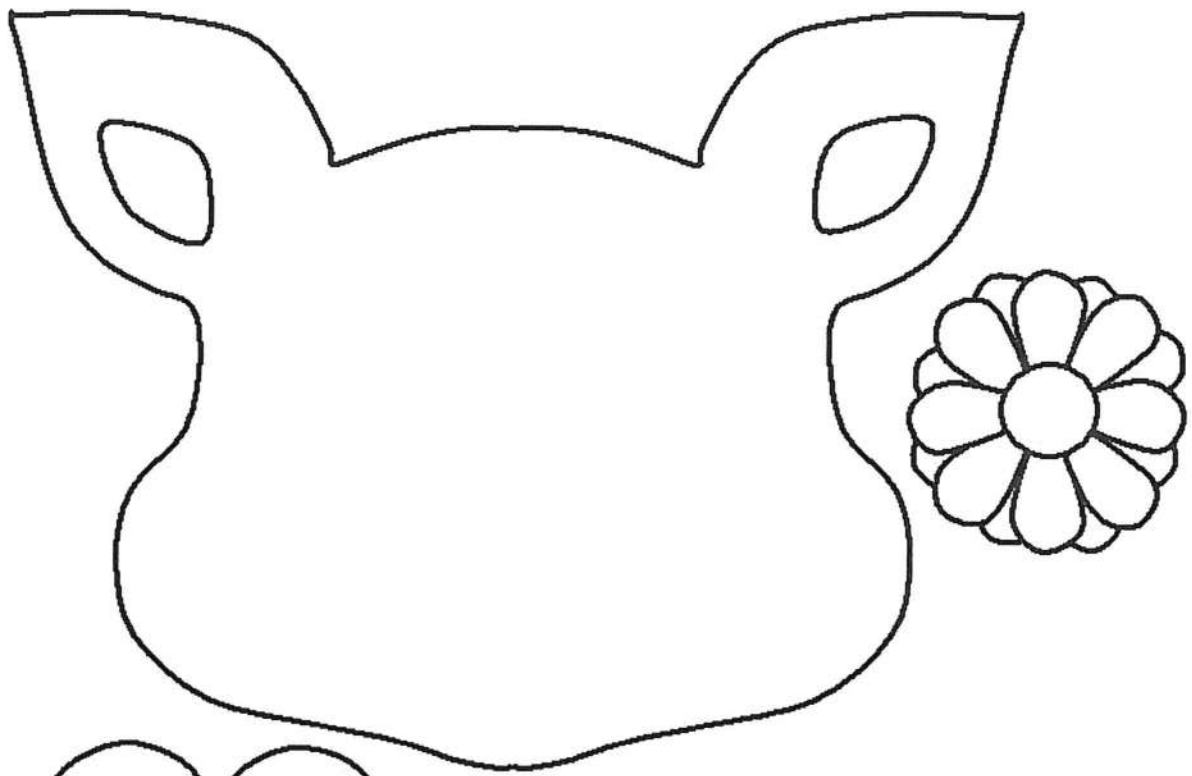
Glue the legs onto the bottom of the body

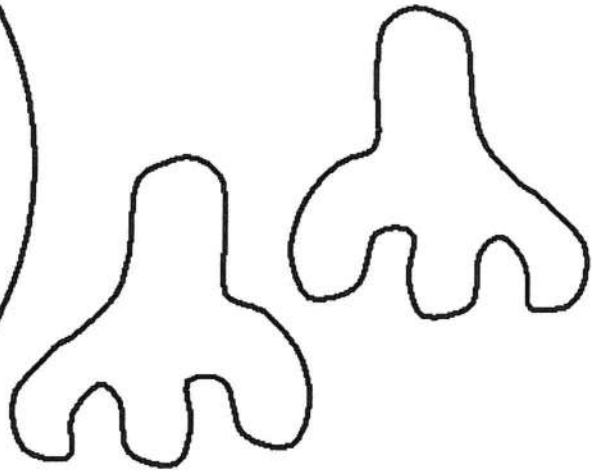
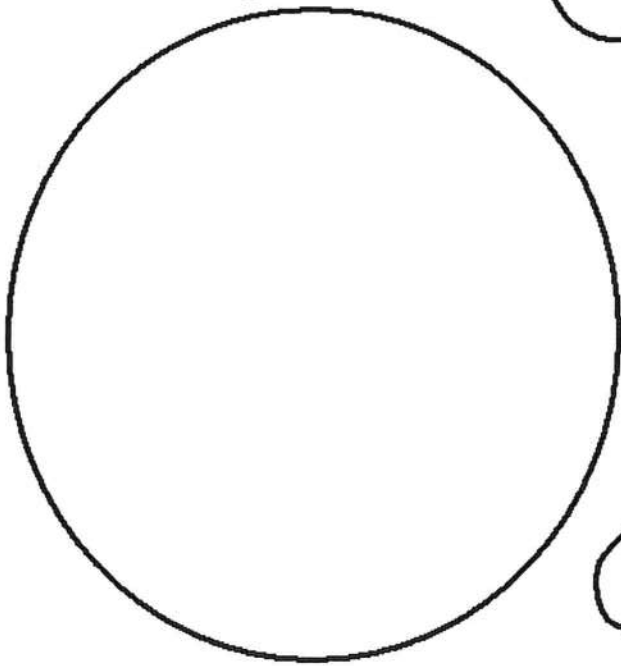
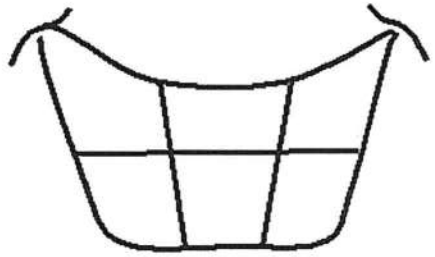
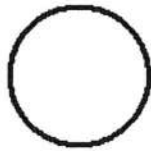
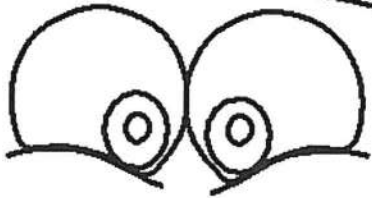
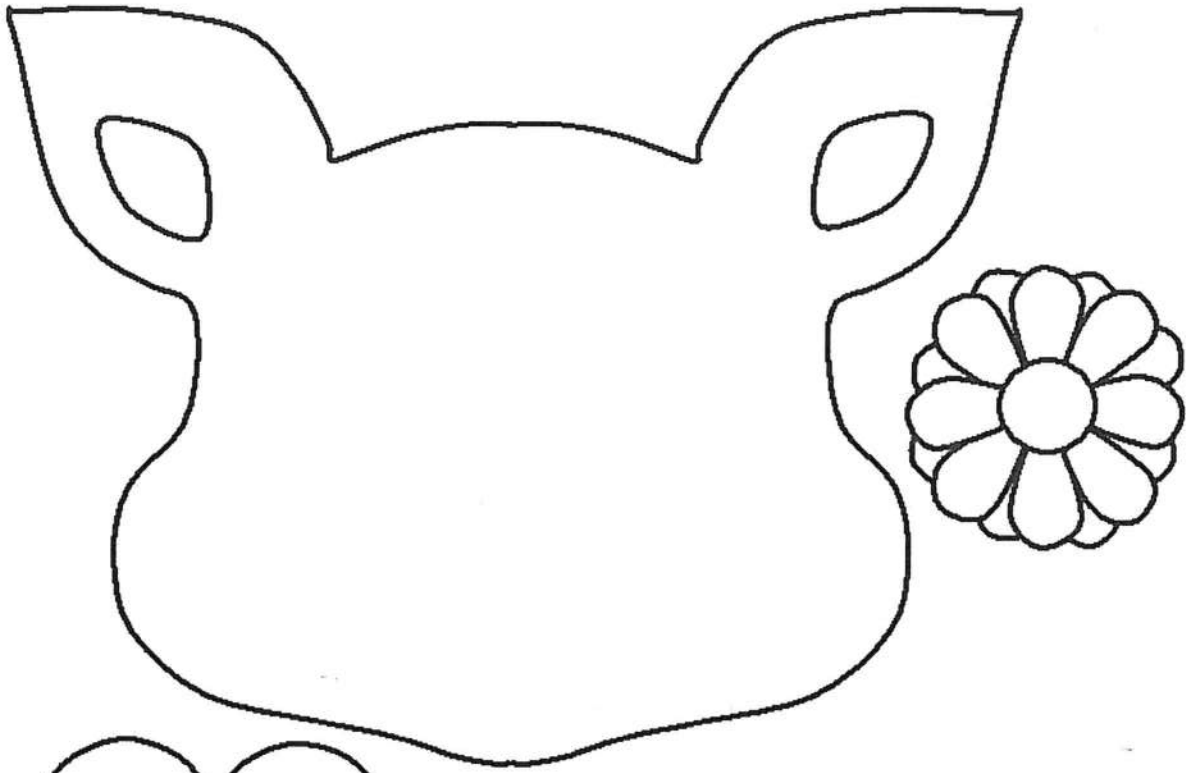
Glue the handprint wings on the back of the body

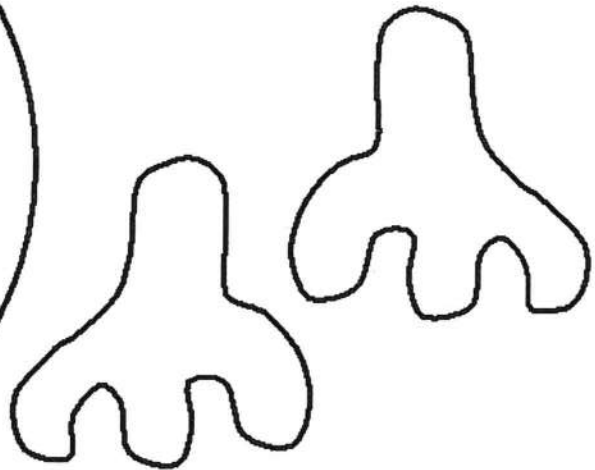
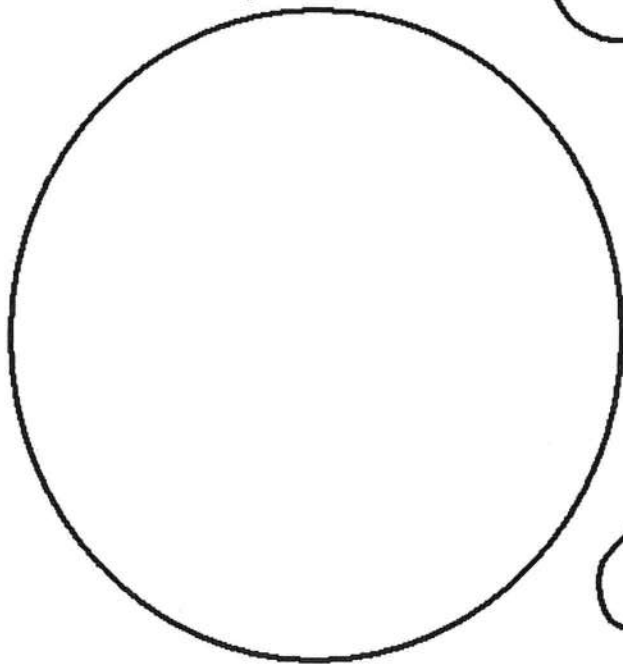
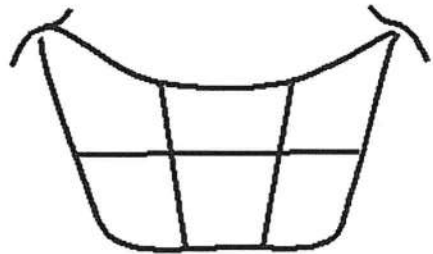
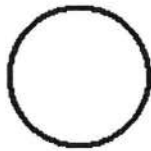
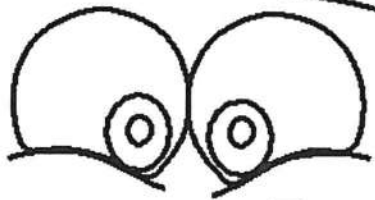
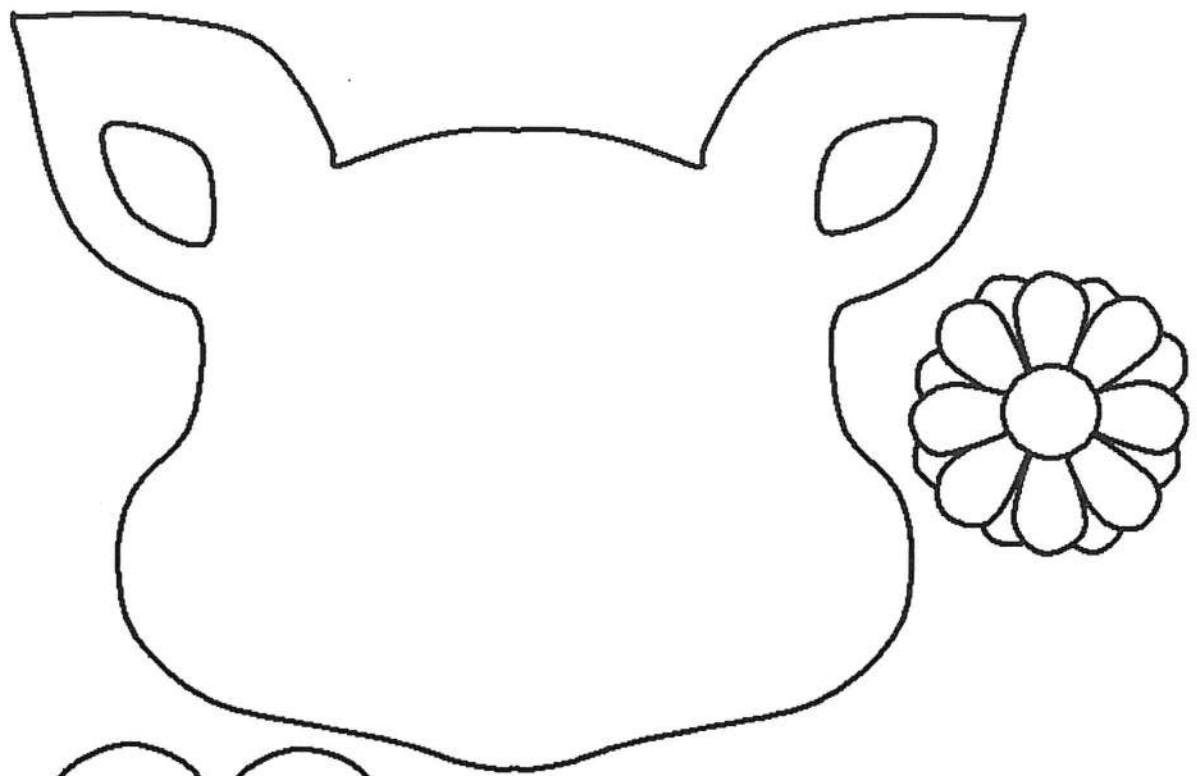
Glue the flower by an ear, on a wing or beside the neck



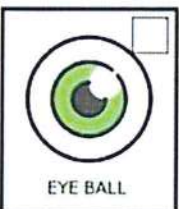
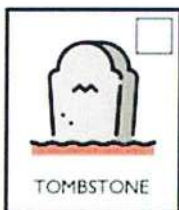
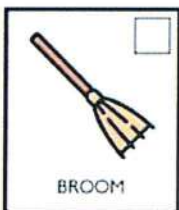
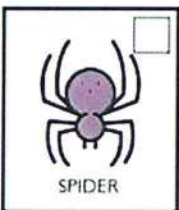
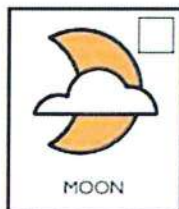
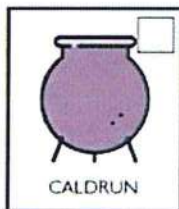
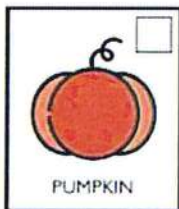
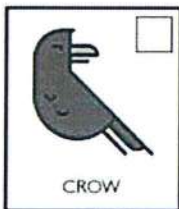
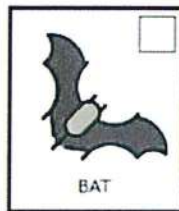
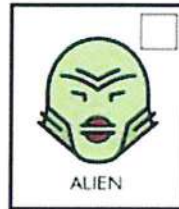




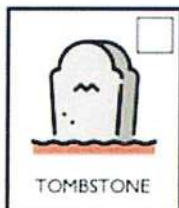
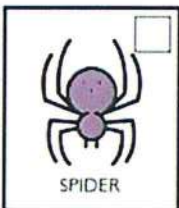
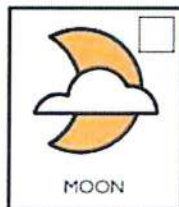
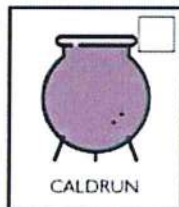
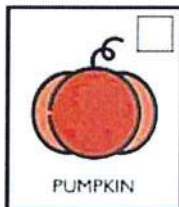
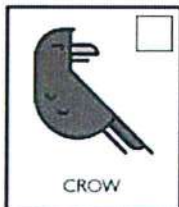
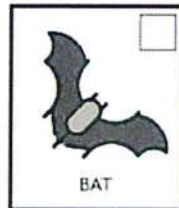
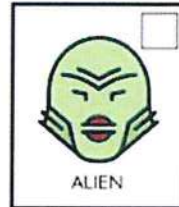




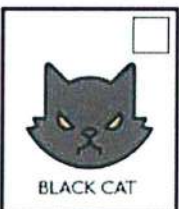
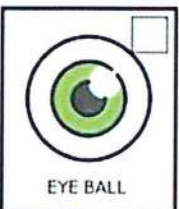
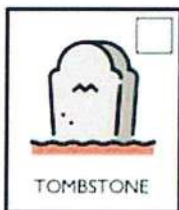
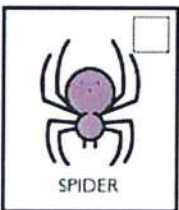
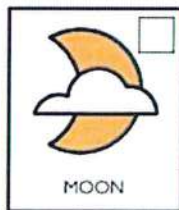
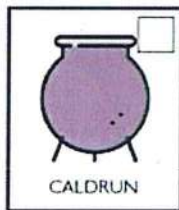
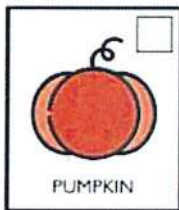
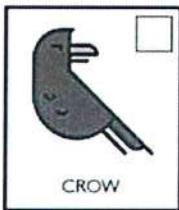
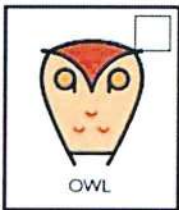
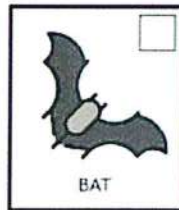
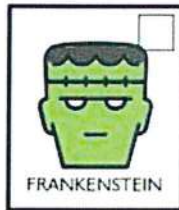
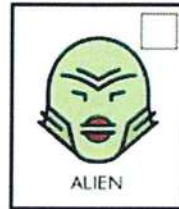
Halloween Scavenger Hunt



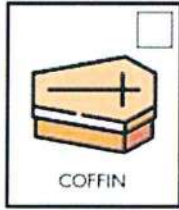
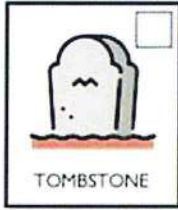
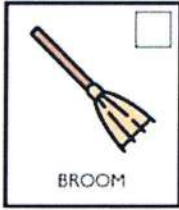
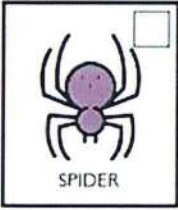
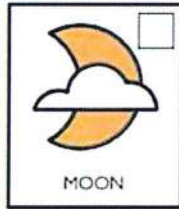
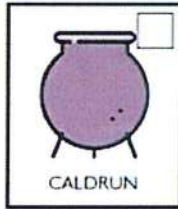
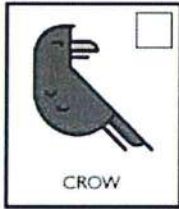
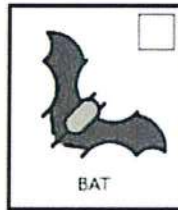
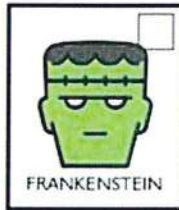
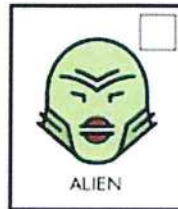
Halloween Scavenger Hunt



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HALLOWEEN YOGA



I am a ghost.

MOUNTAIN POSE



I see the moon.

EXTENDED MOUNTAIN POSE



I am a crooked tree.

TREE POSE



I am a witch on a broom.

CHAIR POSE



I am a bat.

STANDING FORWARD BEND

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Halloween Yoga
PRINTABLE POSTER

Quiche Lorraine

Capable cooks 0:15 Prep 1:00 Cook 4 Servings

Ingredients

- 1 olive oil spray
- 1 1/2 sheets shortcrust pastry
- 5 bacon rashers thinly sliced
- 300 ml thickened cream
- 5 eggs
- 1 1/2 tsp Italian mixed herbs
- 1/2 cup mozzarella

Method

Spray a 23 cm quiche pan with olive oil.

Line tin with shortcrust pastry.

Line the pastry with baking paper and fill with rice or beans and blind bake for 10 minutes at 200C or 180C for fan forced.

Remove the rice/beans after ten minutes and bake the shell for a further 10 minutes at 180C or 165C fan forced.

Remove from oven and let sit.

Cook bacon until coloured but not crispy..

Mix eggs, cream and Italian Herbs in a mixing bowl.

If the mix seems overly thick add a splash of milk to thin very slightly.

Add cooked bacon evenly over the base of the quiche.

Pour over the egg mixture and sprinkle the top with a liberal quantity of Mozzarella cheese.

Bake at 190C for around 35-40 minutes.

Remove from oven when the top is firm and golden brown in colour.

Let the quiche sit for approximately 5 minutes before serving.

Orange Cake

Easy 0:25 Prep 1:10 Cook 6 Servings

Ingredients

- 170 g plain flour
- 1 1/2 tsp baking powder
- 1 pinch salt
- 115 g butter
- 115 g caster sugar
- 1 orange rind grated
- 2 egg room temperature
- 2 tbs milk

SYRUP

- 115 g caster sugar
- 250 ml fresh orange juice
- 3 slices orange

Method

- 1) Preheat oven to 180C. Line and grease 20 cm cake tin.
- 2) Sift flour, salt and baking powder into a bowl.
- 3) With electric mixer, cream butter or margarine until soft. Add sugar and orange rind and continue beating until light and fluffy.
- 4) Beat in eggs one at a time. Fold in flour mixture in 3 batches then add the milk.
- 5) Spoon into tin and bake for about 30 minutes or until cake pulls away from sides.
- 6) Remove from oven but leave in tin.
- 7) Syrup: Dissolve sugar in orange juice over low heat. Add orange slices and simmer 10 minutes.
- 8) Remove slices and drain, let syrup cool.
- 9) Pierce cake all over with skewer and pour syrup over hot cake.
- 10) Turn out onto serving plate when completely cool.





Cooking with kids...

Chunky fish fingers

Ingredients

- 500g skinless, boneless chunky white fish fillet (we used haddock), cut into neat thumb-sized strips
 - 100g plain flour , seasoned
 - 3 large eggs , beaten
 - 200g dried breadcrumb
 - large pinch turmeric (optional)
 - vegetable oil , for frying

Method

Grown ups and children: Get 3 shallow dishes and set up a production line of flour then egg then breadcrumbs. Children can pour the ingredients into each dish and crack and beat the eggs. If you want the breadcrumbs to be golden then mix through the turmeric. Place a large empty plate at the end of the line to put the uncooked fish fingers on.

Children: Show children how to methodically dip a finger of fish in the flour, shaking off any excess, then dredge it through the egg and finally roll it in the breadcrumbs so it's completely coated and place it on the plate. This is a job kids as young as 2 can help with but it's a messy one so they may need a wipe down halfway through. The fish fingers can now be laid on a tray and frozen then placed into a bag.

Grown ups: To cook the fingers heat the oil in a frying pan and cook the fingers for 3-4 mins on each side. Place on a tray lined with kitchen paper and keep warm in a low oven, if cooking in batches. Alternatively, preheat the oven to 200C/180C fan/ gas mark 6. Brush a tray with a little oil, cook the fish fingers for about 10 - 12 mins until golden and cooked through, turn over half way through cooking time.

Layered Chocolate Crackle Slice

Ingredients:

BISCUIT LAYER

250g (1-packet) Chocolate ripple biscuits

100g Cofpa

For the White Chocolate Crackle:

60g (1/4 cup) Cofpa

80g (3/4 cup) White chocolate, chopped
(not compound)

65g (1/2 cup) Icing sugar

25g (1 cup) Rice bubbles

30g (1/4 cup) Milk powder

20g (1/3 cup) Dessicated coconut

DARK CHOCOLATE LAYER

60g (1/4 cup) Cofpa

80g (3/4 cup) Dark cooking chocolate
(chopped)

65g (1/2 cup) Icing sugar

25g (1 cup) Rice bubbles

2tbsp Cocoa powder

20g (1/3 cup) Dessicated coconut

METHOD

Grease and line with baking paper a 25cm x 16cm x 2 1/2cm (10in x 6in x 1in) baking tray. Make sure the paper has a 2cm over hang

Melt Cofpa in microwave on high or in saucepan until fully melted. Using a food processor, crush biscuits until they resemble fine breadcrumbs

Mix melted Cofpa and biscuit crumbs together. Then press biscuit mix into baking tray firmly, using the back of a spoon if necessary. Put in the fridge to set for 10 to 15 minutes

Make the White Chocolate Crackle layer as follows:

In a large bowl, combine together white chocolate and Cofpa. Place bowl over a pot of lightly simmering water. Stir occasionally until melted. Remove from heat

Add icing sugar, rice bubbles, milk powder and coconut to the bowl. Stir to combine

Pour crackle mix over the biscuit base and spread evenly. Put back in the fridge to set

DARK CHOCOLATE LAYER

In a large bowl combine dark chocolate and Cofpa. Place over a pot of lightly simmering water. Stir occasionally until melted. Remove from heat

Add icing sugar, rice bubbles, cocoa powder and coconut to the bowl. Stir to combine. Pour dark chocolate crackle mix over white chocolate layer and biscuit base and spread evenly. Put back in the fridge to set

