



Activities

Monday 28th Sept

Disney
toy
memory



Tuesday 29th Sept

Ispy



Wednesday 30th Sept

Climb a
tree (ask
an adult
first)



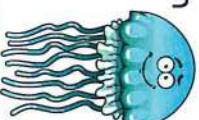
Thursday 1st Oct

Colour by numbers



Friday 2nd Oct

Make jelly fish
puppets -
attach to a
stick you find
outside



Saturday 3rd Oct

Aussie
nature
walk



Sunday 4th Oct

Mindful
colouring
in



Stay
strong

**Remember we are just a call/message
away if you need anything.**

0428 736 961

The Family Haven Moorroopna acknowledges and pays respect to the Yorta Yorta Nation, as the original ongoing custodians of the land we meet on.



Three Jellyfish

Three jellyfish,
Three jellyfish,

Three jellyfish sitting on a rock.

One jumped off!

Splash!

Two jellyfish...

One jellyfish...

No jellyfish,

No jellyfish,

No jellyfish sitting on a rock.

One climbed up!

Horray!

One jellyfish...

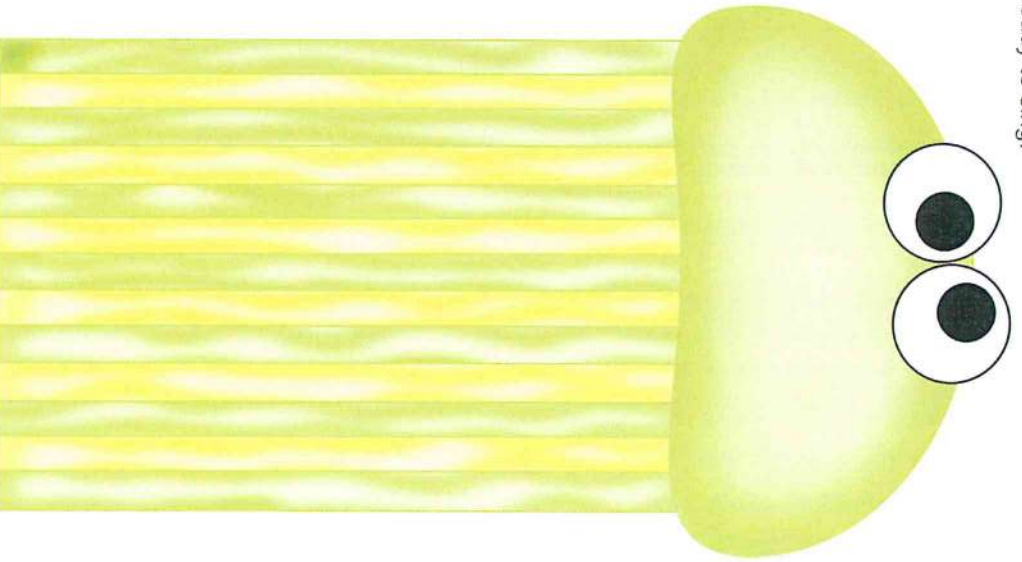
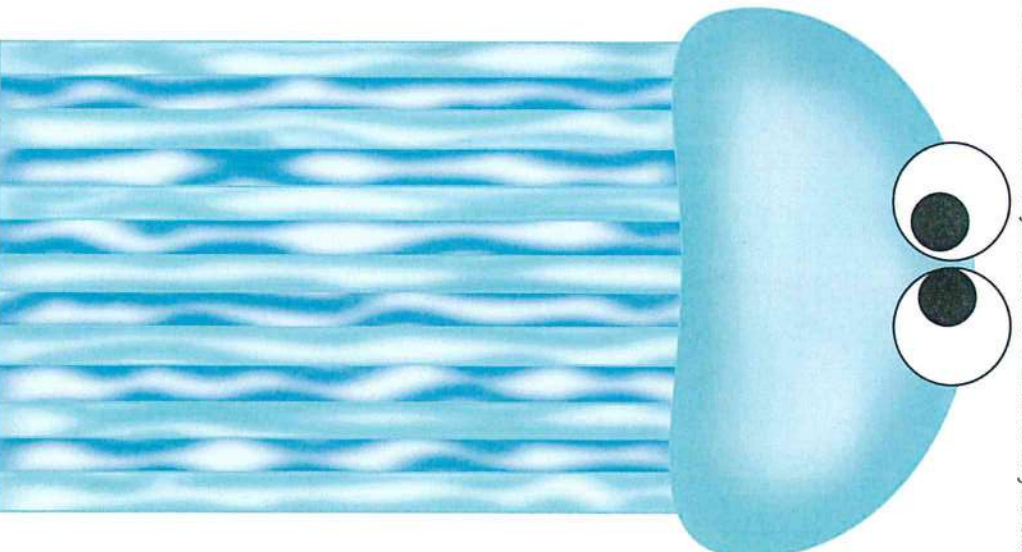
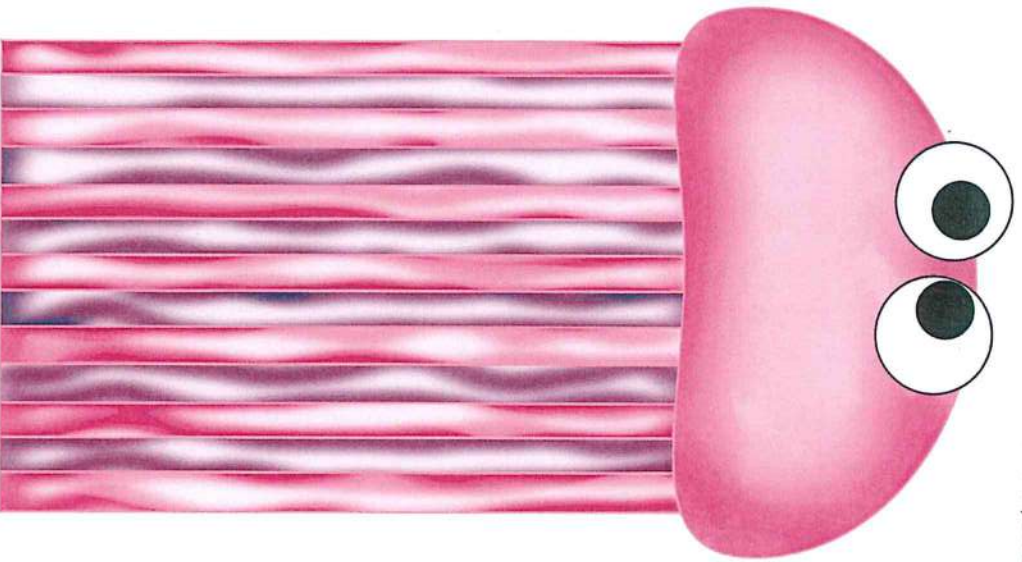
Two jellyfish...

Three jellyfish...



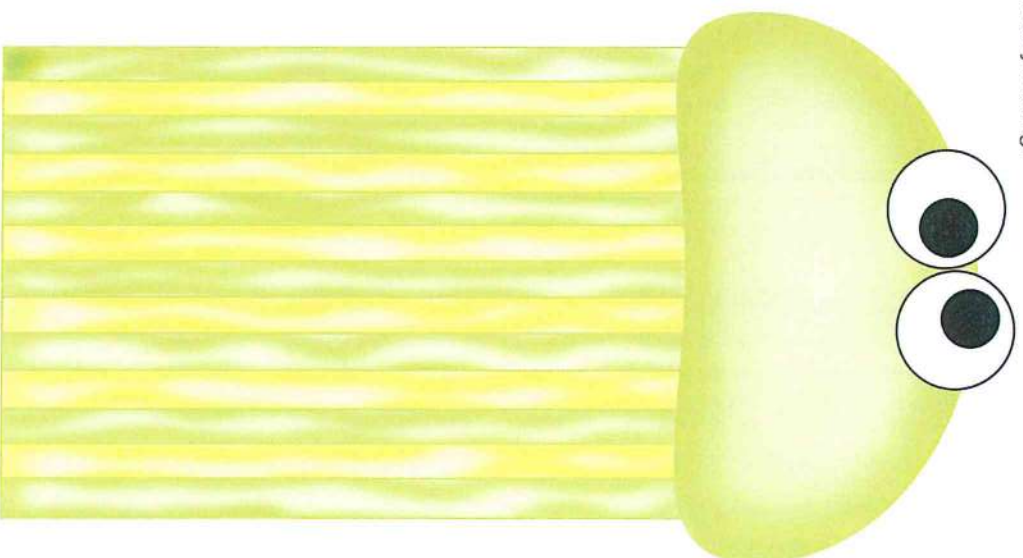
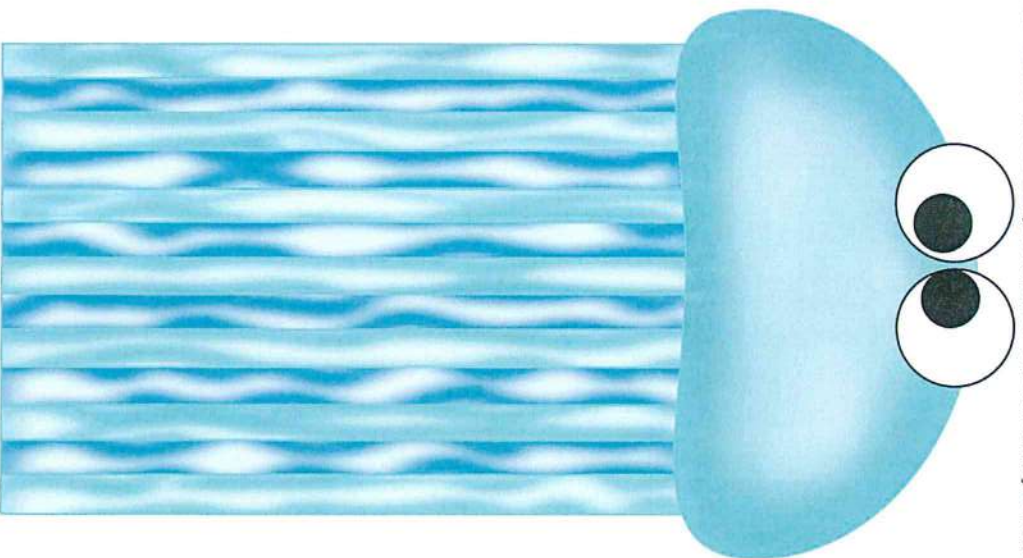
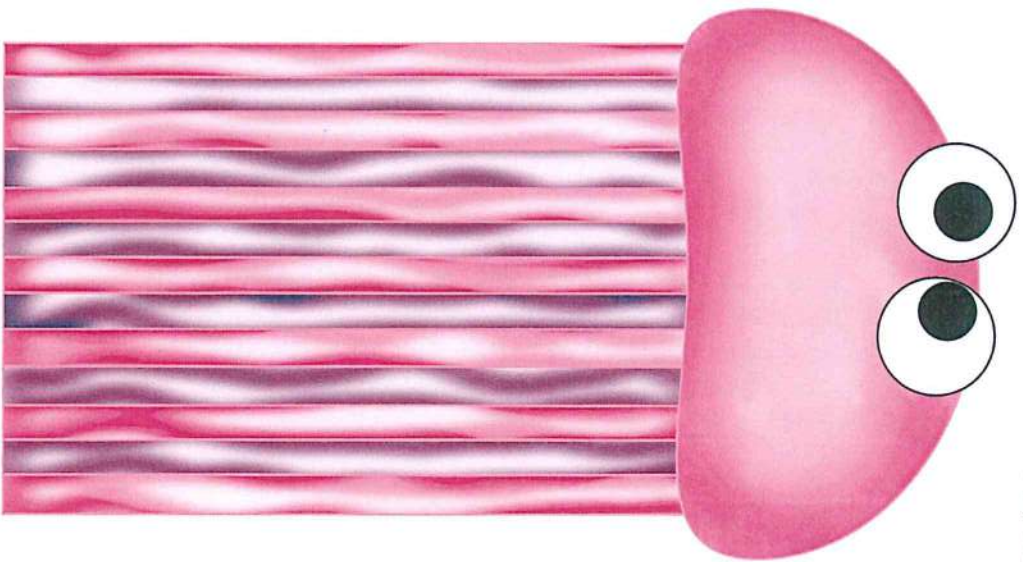
THREE JELLYFISH PRINTABLE PUPPETS

Print and cut out each jelly fish. Cut between each 'tentacle' then roll each tentacle around a pencil to make them curly. Attach to a stick and you are ready to sing!



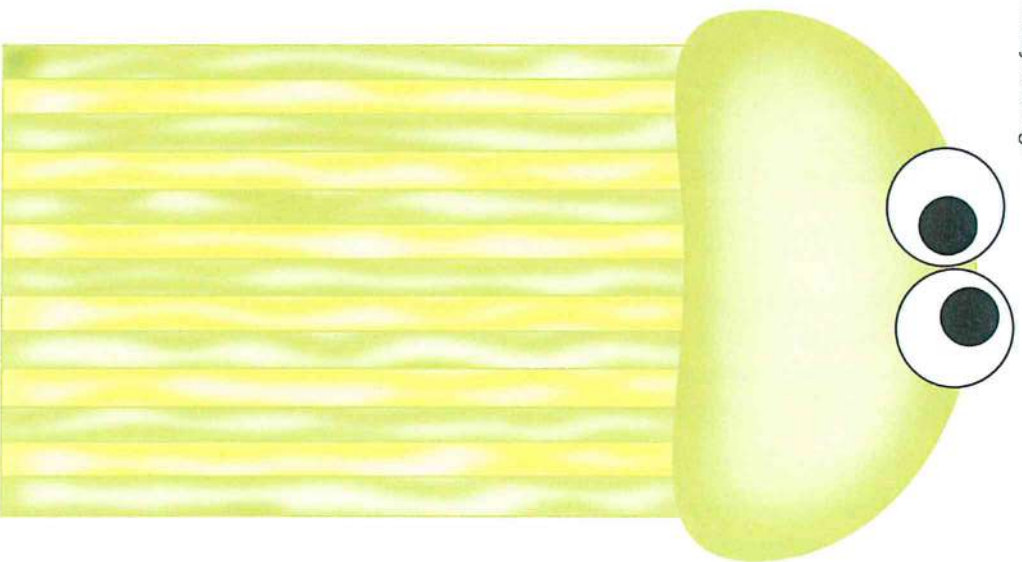
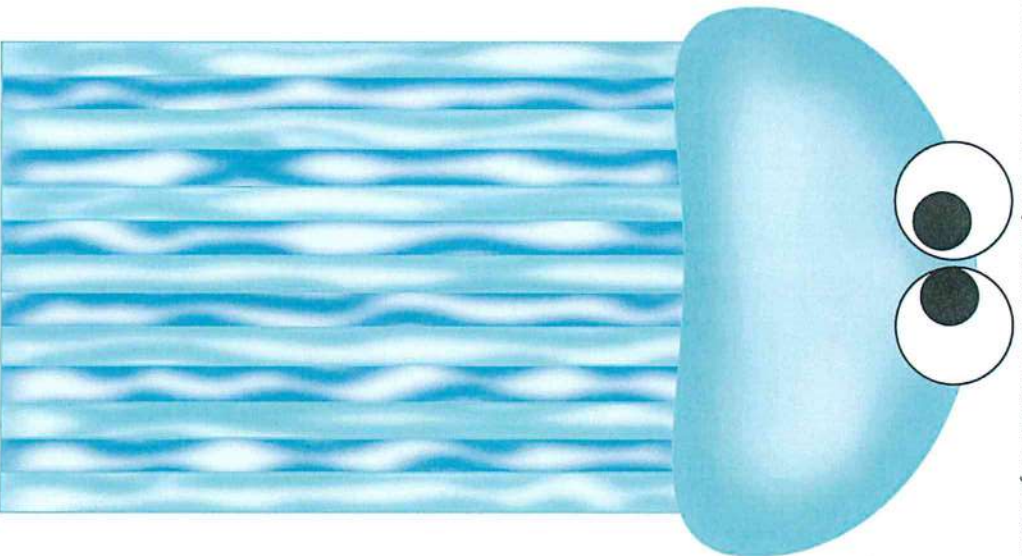
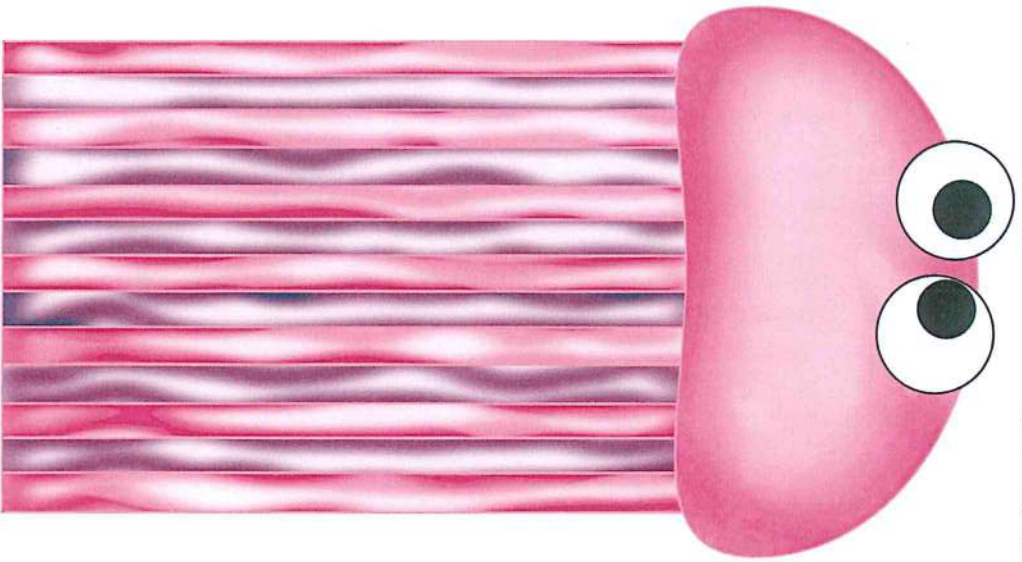
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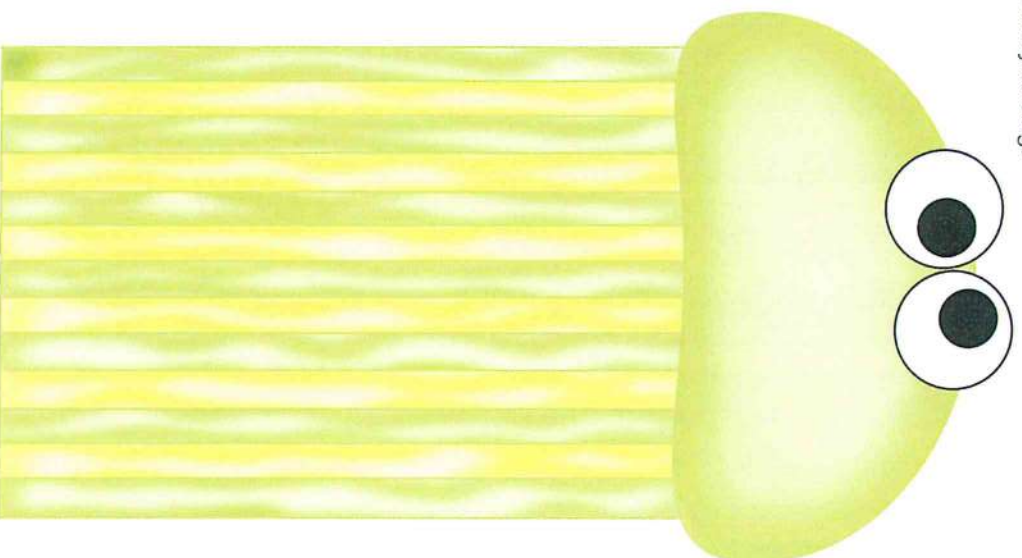
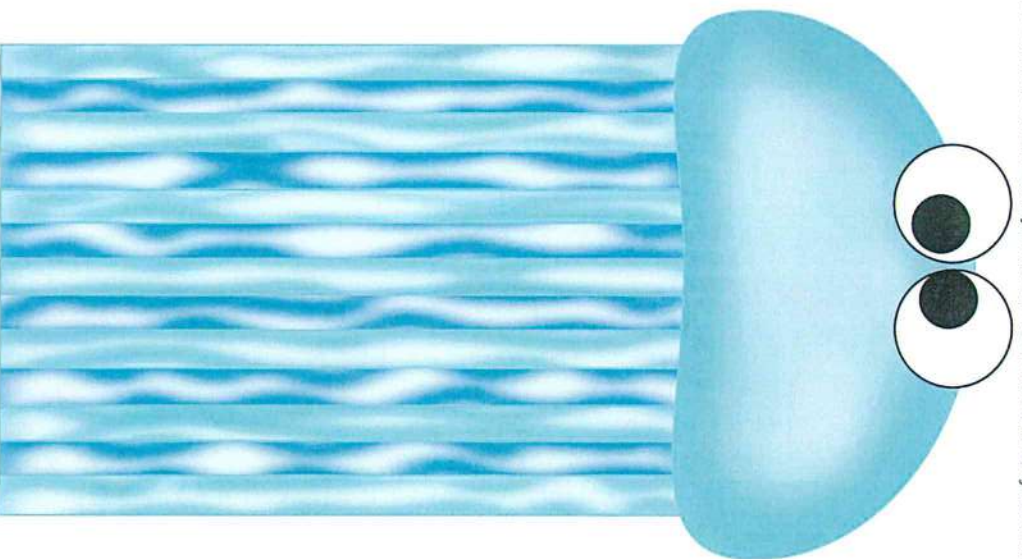
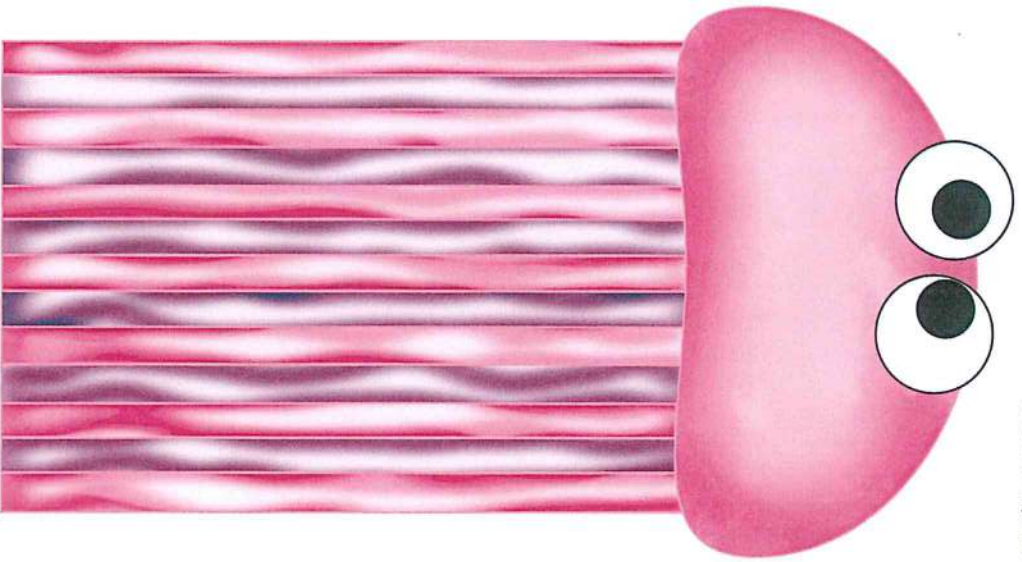
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THREE JELLYFISH PRINTABLE PUPPETS

Print and cut out each jelly fish. Cut between each 'tentacle' then roll each tentacle around a pencil to make them curly. Attach to a stick and you are ready to sing!



DISNEY TOP STORY MEMORY MATCHING GAME

Cut out the memory match cards. Make sure to shuffle and place face down on a flat surface. Players take turns flipping two cards over. If they are a match, keep them. If they are not a match flip them back down. Player with the most cards win!



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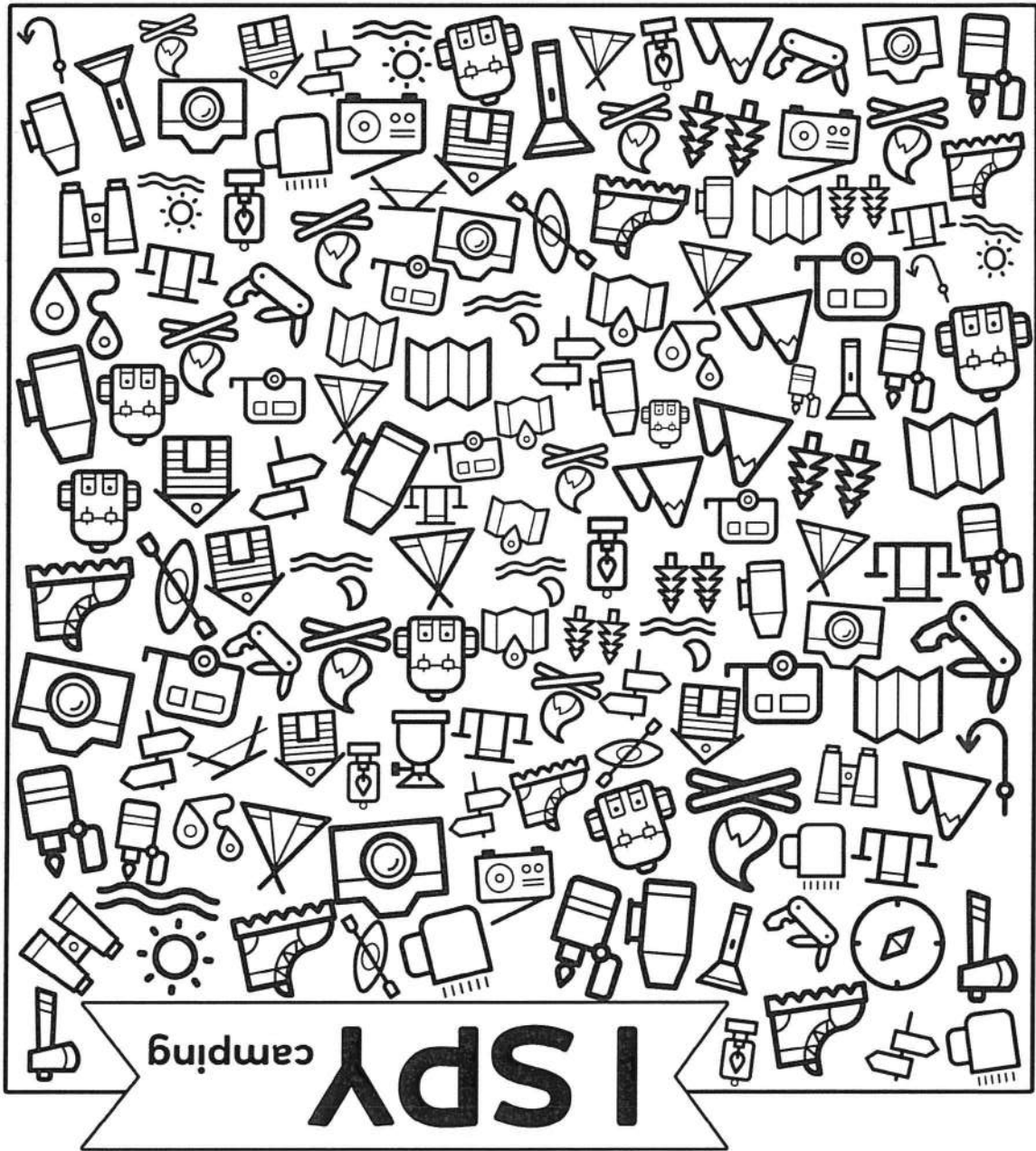


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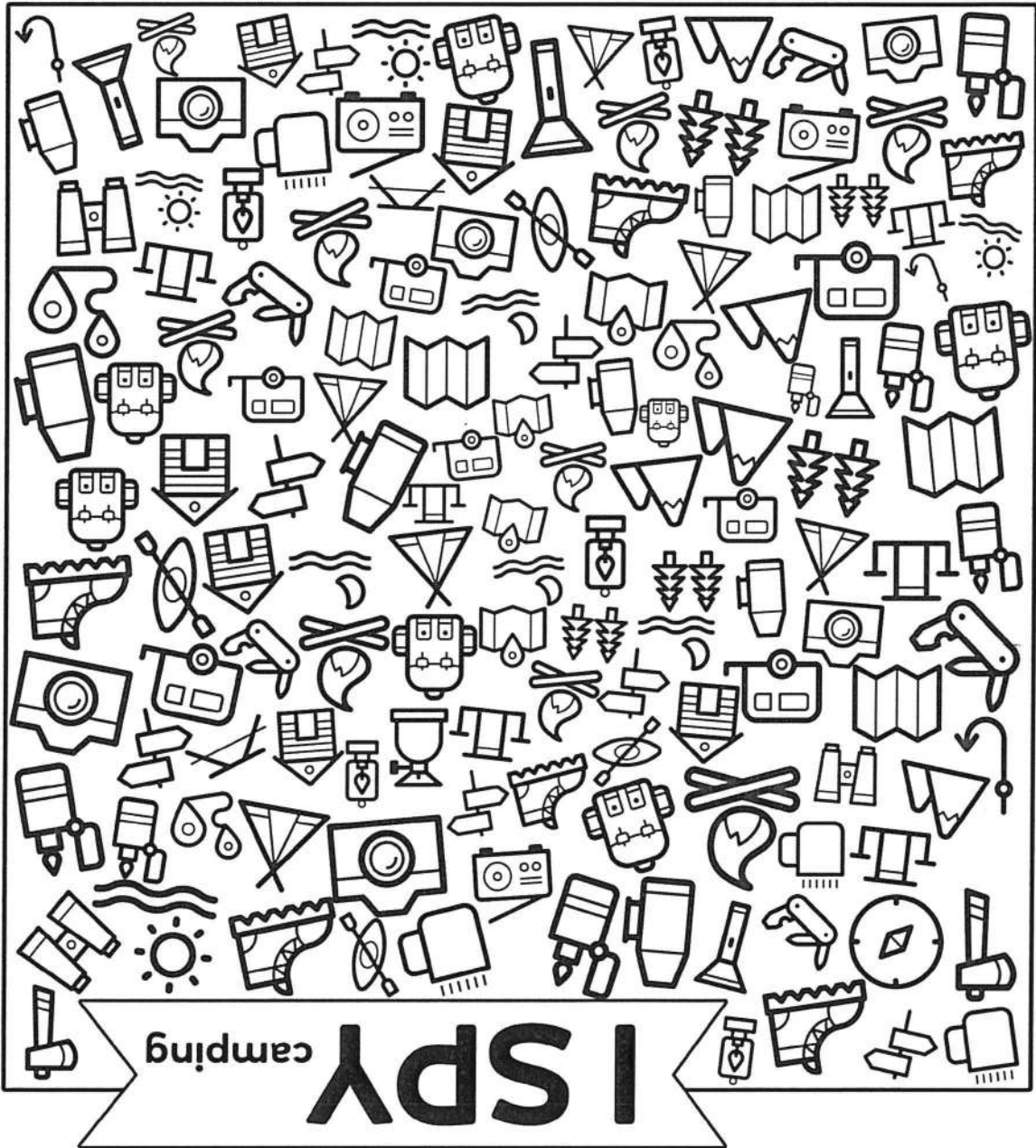
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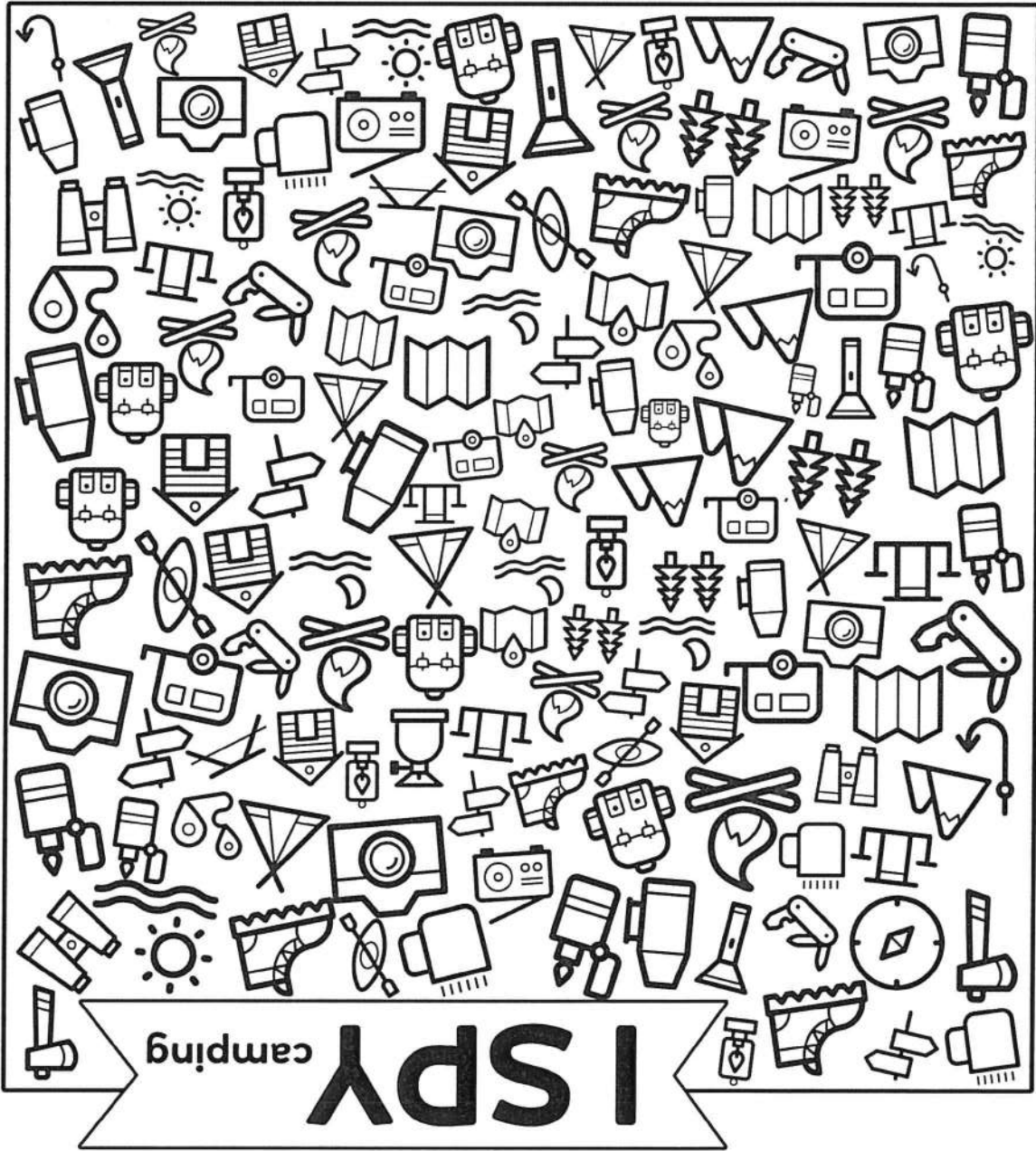
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- 3 6 7 6 7 4 4 7 5 9 6 3
- 1 6 7 1 3 6 7 4 4 7 5
- 3 4 3 4 6 2 7 5 5 9 6 3



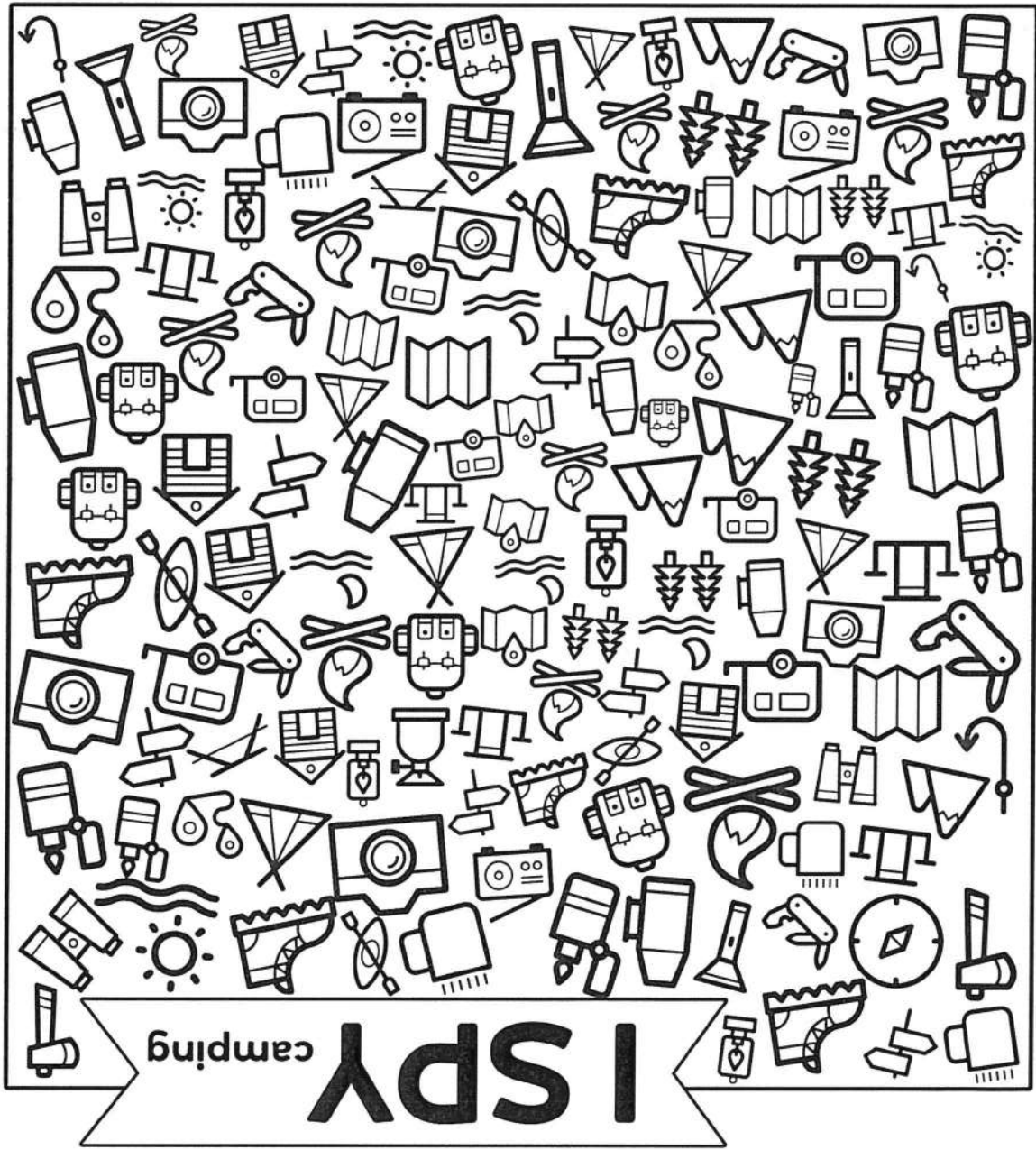
- 2 4 4 4 5 4 5 4 5 7 7 5 5 5
- 3 6 7 7 1 3 6 7 4 4 4 5 3
- 3 6 9 5 7 2 6 4 3 6 3 3 3



- 2 4 4 5 4 5 4 5 7 7 6 6 5
- 3 1 6 7 4 3 7 4 4 7 5 5 5
- 3 3 3 4 6 2 7 5 9 6 3



- 2 4 4 4 5 4 5 7 7 5 4 5 6 5
- 2 4 4 4 5 4 5 7 7 5 4 5 6 5
- 1 6 7 7 1 3 6 6 7 4 4 7 5 5
- 3 3 3 4 6 2 7 5 9 6 3



15 Reasons to Climb a Tree

1. Climbing trees can help develop physical strength.
2. Tree climbing helps develop focus and concentration.
3. Climbing trees can boost self-confidence and self-esteem.
4. Tree climbing is an excellent gross motor activity for physical development.
5. Climbing trees can help children become more flexible in body and mind.
6. When you climb trees you form new more complex neural networks in the brain.
7. Tree climbing helps develop a resilient "I can do it" attitude.
8. Climbing trees helps children become problem solvers.
9. Tree climbing helps us develop a better connection with ourselves.
10. Climbing trees provides a rich sensory experience for the developing child.
11. Tree climbing helps us learn to think for ourselves and feel confident about the choices we make.
12. Climbing a tree can help develop strong spatial reasoning skills.
13. Tree climbing is a great way to strengthen the mind and the will.
14. Climbing trees helps us connect with nature.
15. You get a great view!

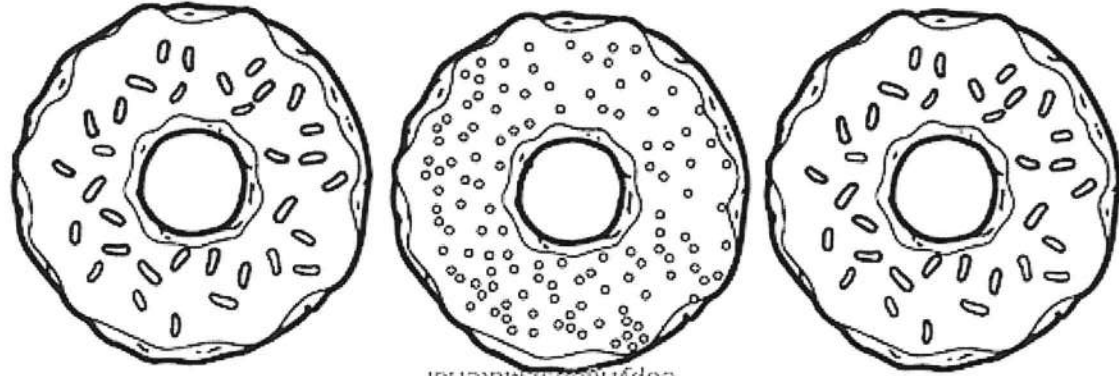
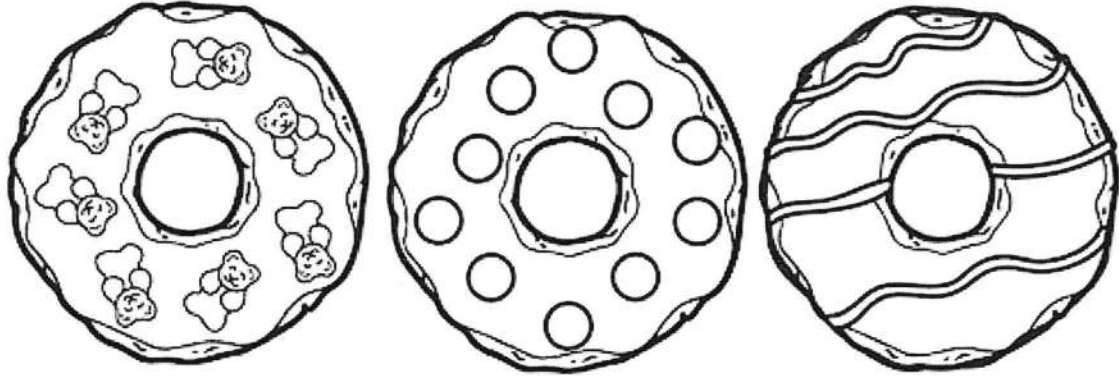
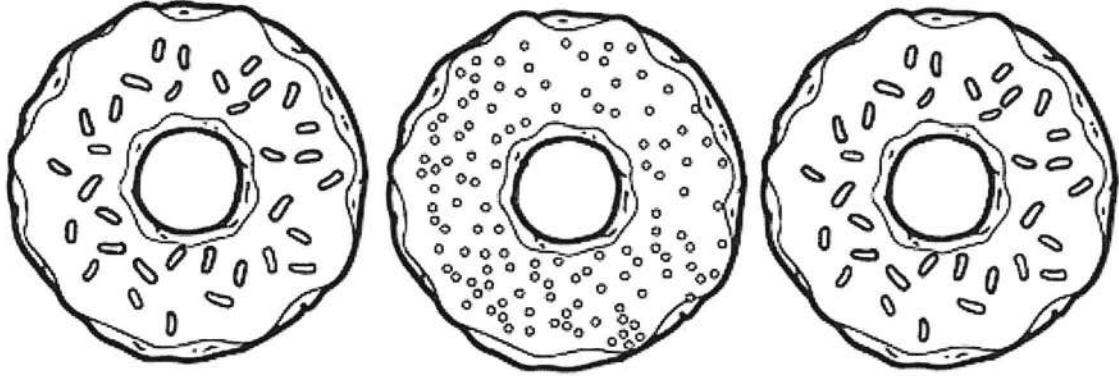
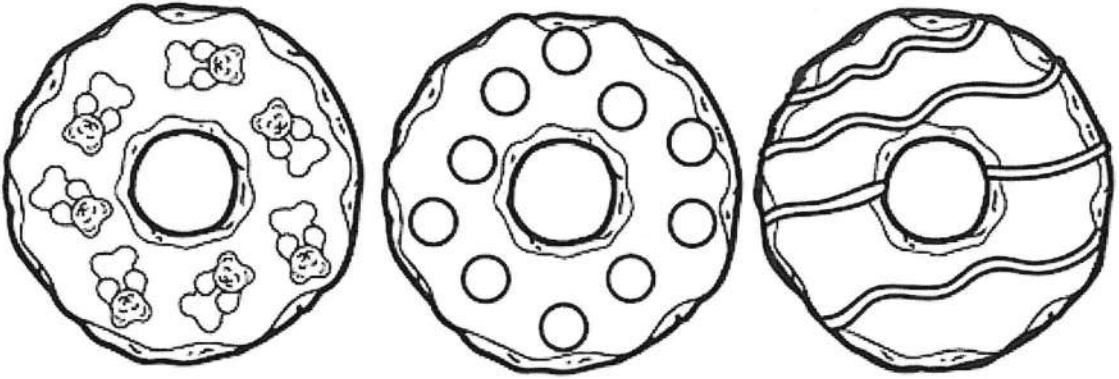
The Wiggles



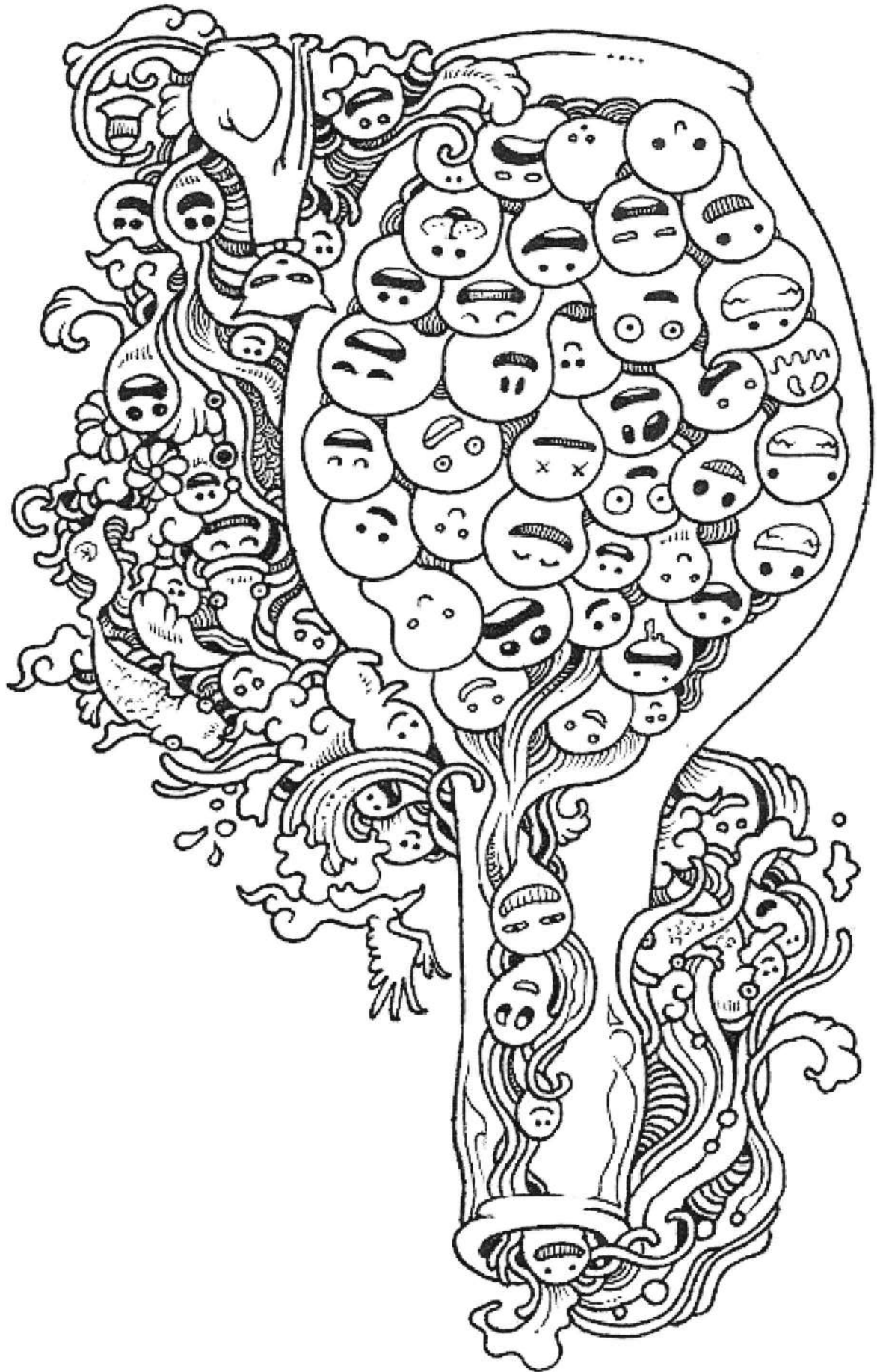
ABC KIDS

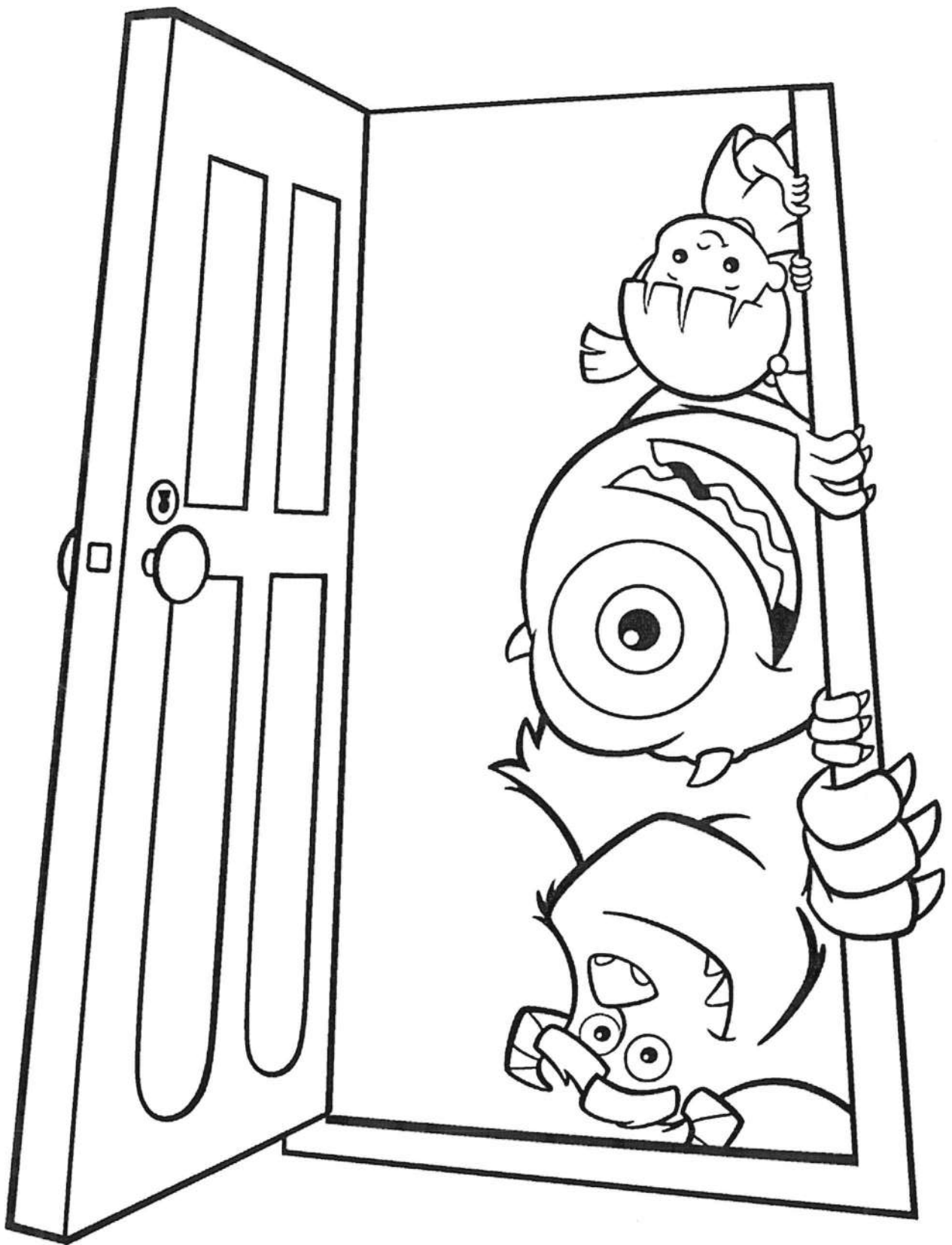
abc.net.au/abckids

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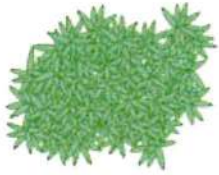









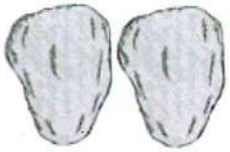
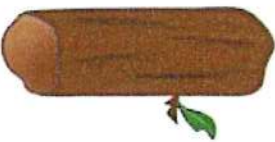


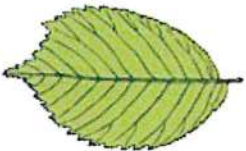
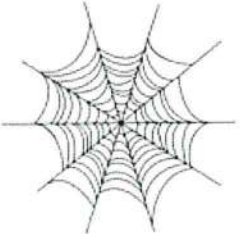



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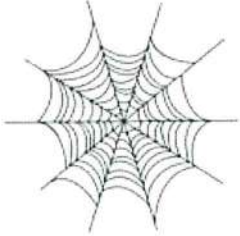



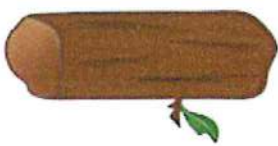


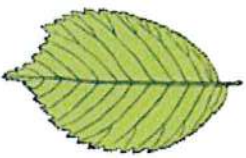



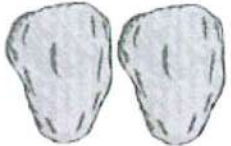





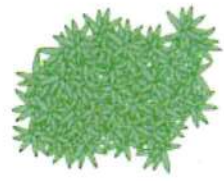


Scavenger Hunt- Aussie Nature Walk

Can you find all 20?

<p>seeds</p> 	<p>moss</p> 	<p>animal footprints</p> 	<p>gum nuts</p> 
<p>cloud</p> 	<p>brown leaf</p> 	<p>flying bug</p> 	<p>stick that looks like a letter 'Y'</p> 
<p>tall grass</p> 	<p>koala</p> 	<p>mushroom</p> 	<p>two similar rocks</p> 
<p>log</p> 	<p>flower</p> 	<p>wallaby</p> 	<p>green leaf</p> 
<p>spiderweb</p> 	<p>ant</p> 	<p>tree roots</p> 	<p>bird</p> 

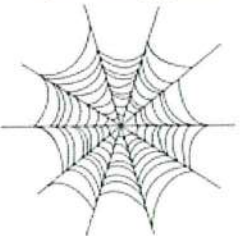



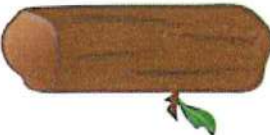


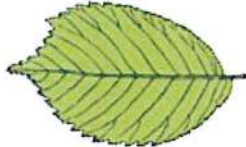



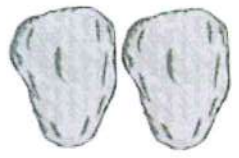





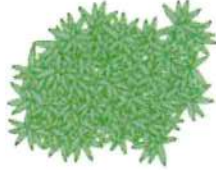


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<p>spiderweb</p> 	<p>ant</p> 	<p>tree roots</p> 	<p>bird</p> 
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<p>tall grass</p> 	<p>koala</p> 	<p>mushroom</p> 	<p>two similar rocks</p> 
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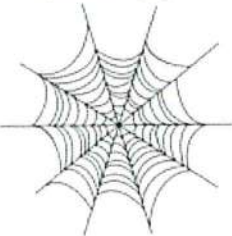





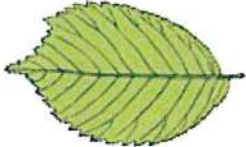


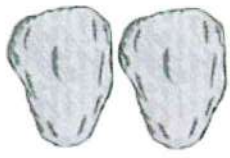







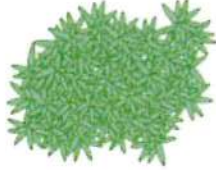

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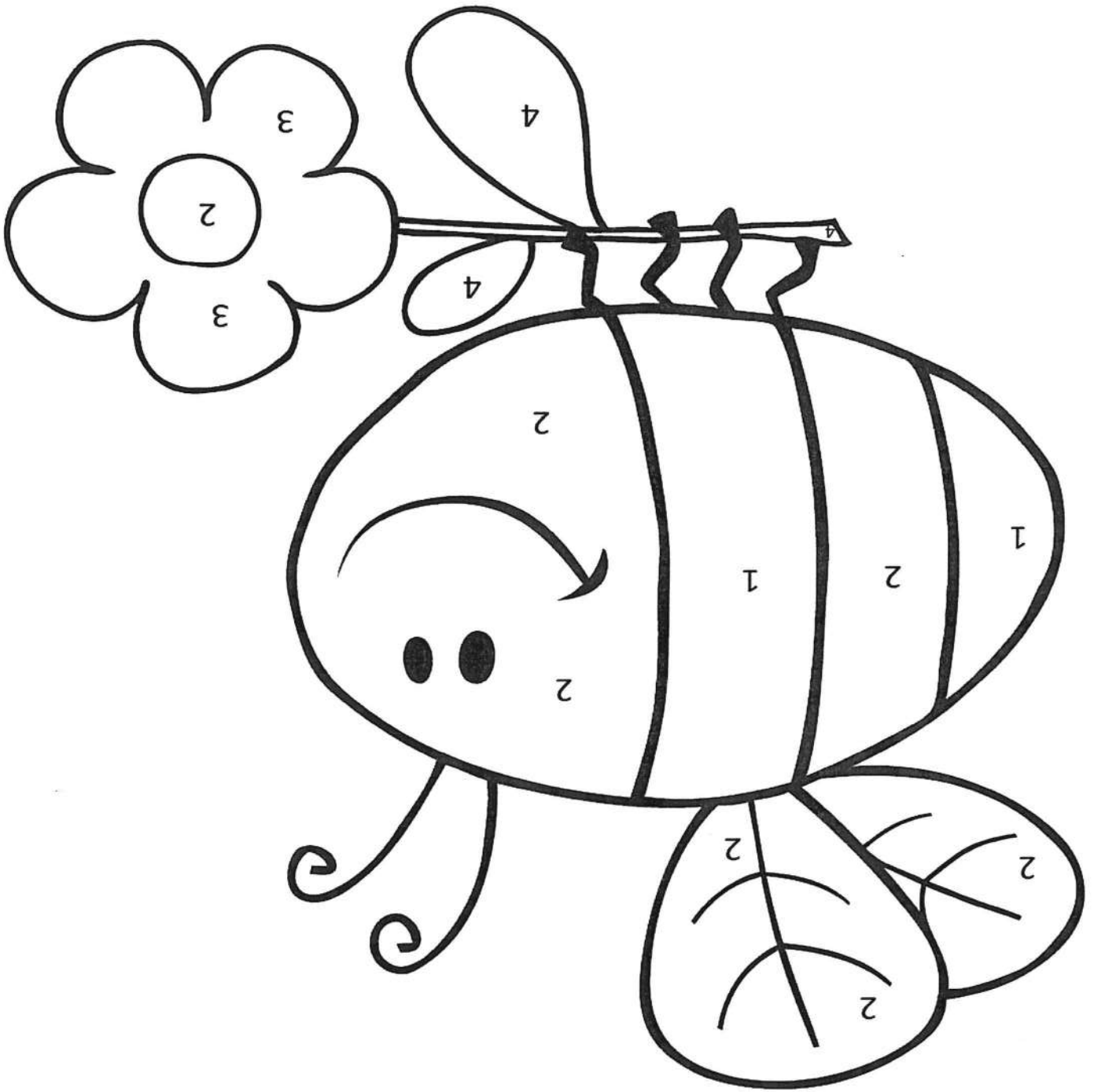
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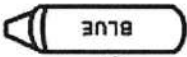
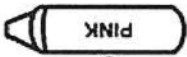


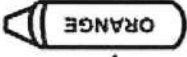
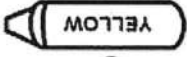
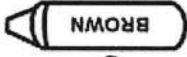
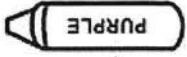
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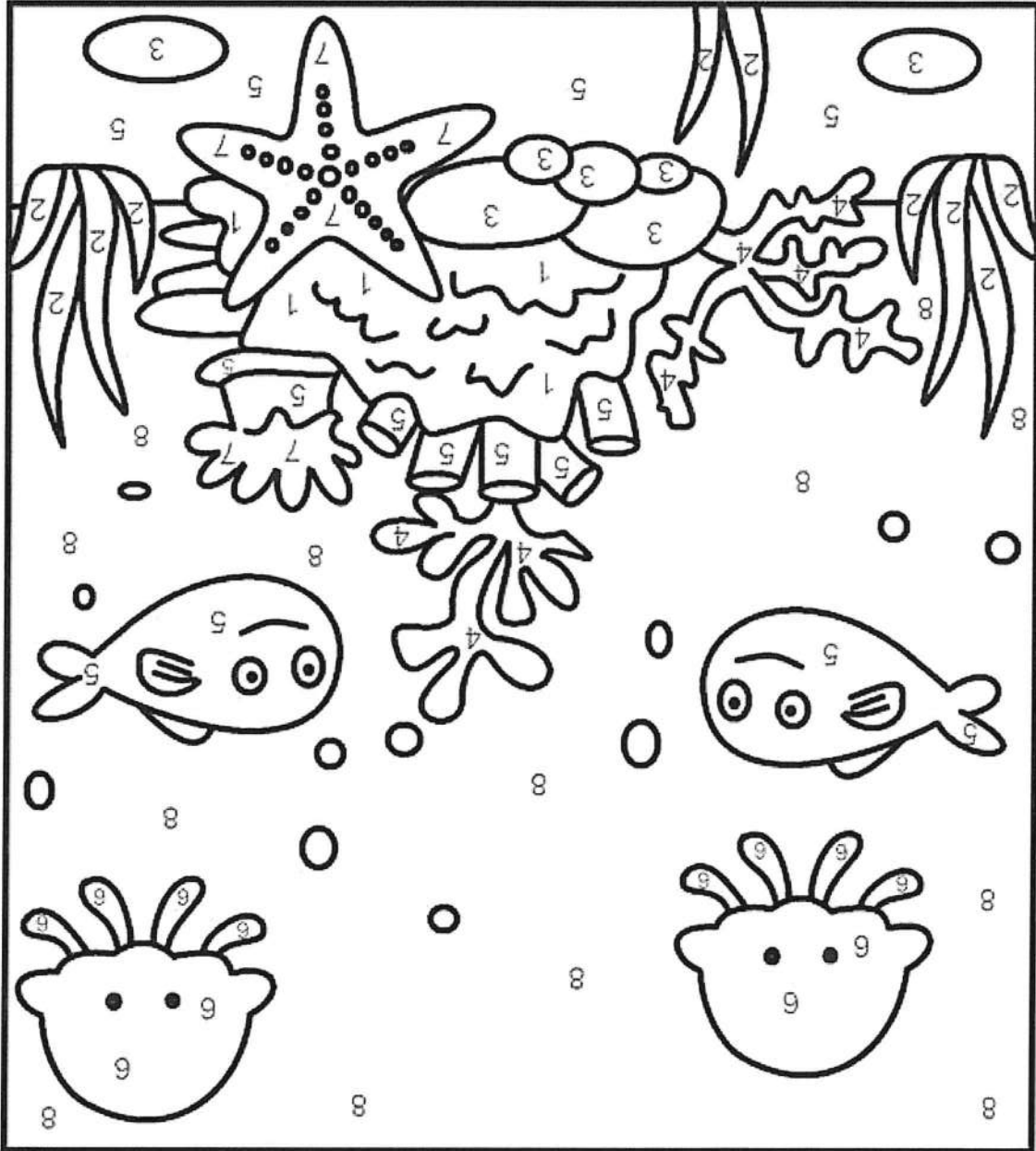


COLOR KEY	
1 - BLACK	2 - YELLOW
3 - PINK	4 - GREEN

COOL 2BKIDS

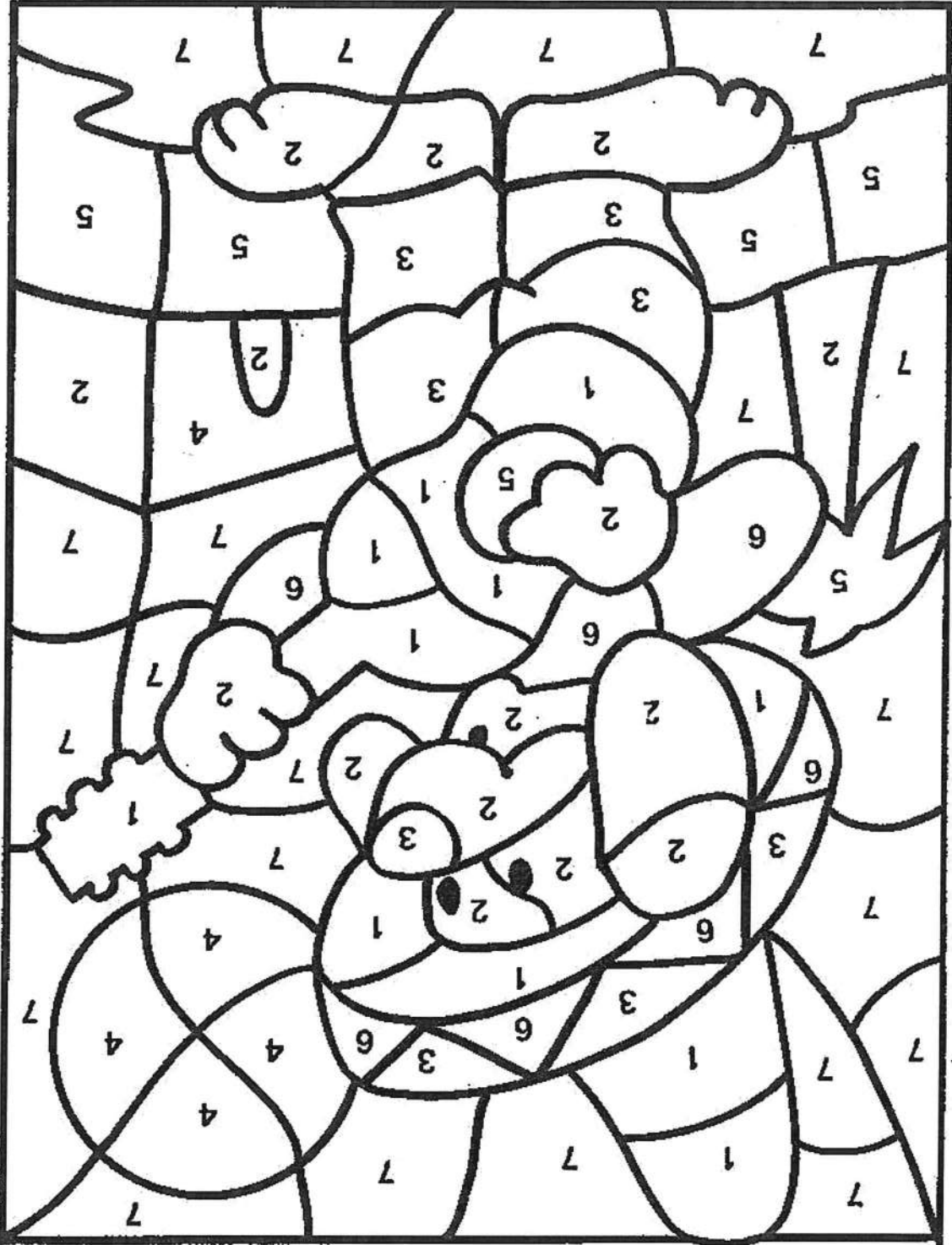
			
8	6	4	2
			
7	5	3	1

Color Key



COLOR BY NUMBER SEA ANIMALS

Name: Date:



1-Orange 2-Brown 3-Red 4-Yellow 5-Green 6-Pink
7-Blue

Easy Chicken and Rice Casserole

4 SERVINGS

INGREDIENTS

Extra-virgin olive oil, for baking dish
2 cups white rice, rinsed well and drained
1 large onion, chopped
2 cups low-sodium chicken broth
2 (10.5-oz.) cans cream of mushroom soup
Salt

Freshly ground black pepper

4 large bone-in, skin-on chicken thighs (about 2 lb.)

2 tbsp. melted butter

2 tsp. fresh thyme

1 clove garlic, finely minced

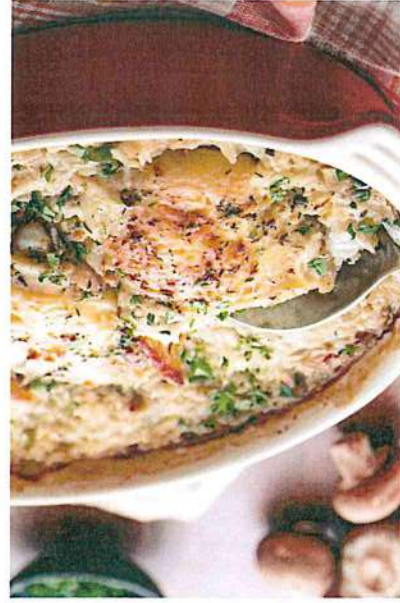
1 tbsp. Freshly chopped parsley, for garnish

DIRECTIONS

Preheat oven to 350° and grease a 9"-x-13" baking dish with oil. Add rice, onion, broth, and soup and stir until combined. Season with salt and pepper.

Place chicken thighs skin side up in rice mixture and brush with melted butter. Sprinkle with thyme and garlic and season with salt and pepper.

Cover dish with foil and bake for 1 hour. Uncover and bake 30 minutes more, until rice is tender and chicken is cooked through. Turn oven to broil and broil until chicken is golden, 3 to 5 minutes.



Potato Wedges



Ingredients

- 750g baby potatoes
- 1 Tbs olive oil
- 1 tsp cumin
- 1 tsp smoked paprika

Method

Preheat the oven to 200°C.

Scrub the potatoes in cold water then pat dry with kitchen paper.

Chop each potato into 4 wedges.

Place in a roasting tin and pour over the olive oil.

Give them a good stir to coat in oil.

Sprinkle over cumin and paprika and stir again.

Put the tin in the oven to cook for 25-30 minutes.

Take out and shake every 10 minutes to help the potatoes cook evenly.

Eats Amazing

www.eatsamazing.co.uk

English Muffin Pizza



Ingredients

- 2 English muffins
- 1 Tbs tomato puree
- 4 cherry tomatoes
- ½ red pepper
- Handful grated cheese

Method

Turn the oven on to 180°C.

Split each muffin in two to make pizza bases.

Spread tomato puree over each muffin and place on a baking tray.

Cut some fun shapes from the red pepper with mini cutters or a sharp knife.

Chop the rest of the pepper and the tomatoes into tiny pieces.

Spread the pepper and tomato on the muffins.

Sprinkle over the cheese and top with the red pepper shapes to decorate.

Bake in the oven for 8 minutes.

Frozen Banana Yoghurt Bites



Ingredients

- 1 large ripe banana
- 150g natural yoghurt
- Handful dried banana chips

Method

Put 12 cupcake cases onto a small baking tray.

Peel the banana and mash it up.

Mix the banana with the yoghurt.

Use a spoon to drop some yoghurt mixture into each cupcake case.

Put some banana chips into each cup and press them into the yoghurt with your fingers.

Freeze for 2 hours or until solid.

Pop out of the cases and serve.