

Media Release 06/03/19

Lance Picioane kicks mental health into the spotlight

Love me – Love You Foundation offers free workshop to 150 local students

Lance Picioane and Warren Davis today visited the region spreading the word and reducing the stigma attached to mental health issues affecting youth. Through their foundation “Love me – Love you” Lance and his colleagues aim to reduce the stigma surrounding mental health issues through their offering of tailored programs in schools.

The event is aimed at students, teachers, wellbeing staff and school leaders is something the organisers hope to replicate again given the event filled quickly with as many as 70 students on a waiting list for the next workshop.

Greater Shepparton Lighthouse Project along with the Committee for Greater Shepparton and the Shepparton Education First Youth Foyer assisted to pull together the event for local young people within our region. The workshop is an opportunity to share information, inspire and give tangible messaging and strategies to support youth mental health issues.

Release ends

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