

# RANDOM ACTS OF KINDNESS BINGO!

Try and complete the random acts of kindness listed below. When you have done one of them cross it off, the aim of the game is to cross off four in a row (either across ways or diagonally). Good luck!

Send a friend a text just to see how they are

Call a grandparent or older person to check in

Cook dinner for the family

Help your brother/sister/ with something they are struggling with

Read a book to your younger brother/sister

Tell someone a joke just to make them laugh

Give a compliment to a friend

Go check on your neighbour to see if they are ok

Tell your teacher what a great job they are doing

Learn something new about a friend

Say thank-you to someone working at the supermarket

Clean your room

Make Mum or Dad a cup of tea

Find a flower or something pretty to give to someone special

Do the dishes!

Write a letter to yourself saying everything you love about you!

